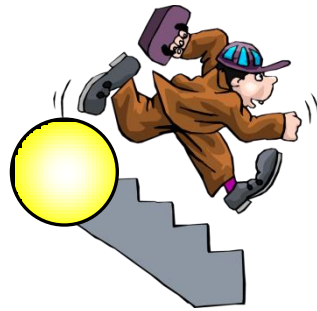
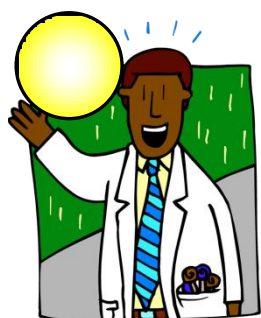
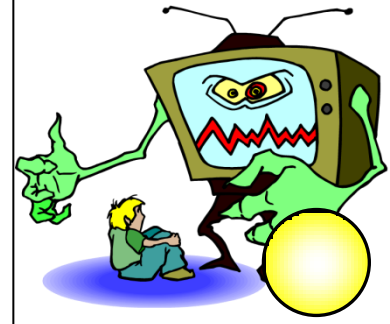
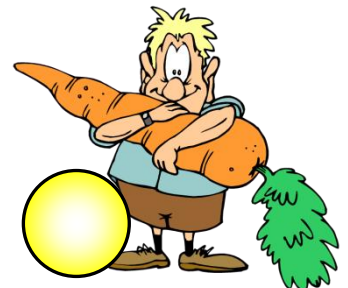


IF YOU WANT TO BE FIT AND HEALTHY ,



Read the sentences and number the pictures

1. eat fruit and vegetables
2. go swimming regularly
3. drink milk before you go to bed
4. get up early in the morning
5. visit your doctor for check-up
6. walk to school
7. don't use the computer for long hours
8. use the stairs more often
9. eat fish regularly
10. don't eat fast food
11. learn how to dance
12. don't watch too much TV
13. sleep well
14. go jogging every morning
15. play basketball with friends
16. go hiking at weekends
17. do morning exercises
18. ride a bicycle



IF YOU WANT TO BE FIT AND HEALTHY , (ANSWER KEY)



Read the sentences and number the pictures

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