

Mario Herrera  
Christopher Sol Cruz

# BIG ENGLISH



2ND EDITION  
STUDENT'S BOOK



# 9

# How Adventurous Are You?

## Language in Context

I will learn to talk about the taste of food.



Have you ever wondered about the food you eat? Read the fun facts about food. Guess the correct answers. Then listen and check.

- 1 Refried beans are fried
  - a once.
  - b twice.
  - c three or more times.
- 2 The first soup was probably
  - a hot vegetable soup.
  - b cold fruit soup.
  - c hippopotamus soup.
- 3 The ingredient that makes one popular junk food pop in your mouth is
  - a just air.
  - b carbon dioxide.
  - c sugar.
- 4 Ice cream is actually
  - a Indian food.
  - b Italian food.
  - c Chinese food.
- 5 Blueberries
  - a may help your memory.
  - b may help your hearing.
  - c may cause permanent tooth discoloration.





134  
2

Choose two adjectives from the box to describe each food. Then listen and check.

cold    delicious    different    good    hot    popular    pretty    raw  
sour    spicy    sweet    tasty    terrible    traditional    unusual



Spanish Soup

\_\_\_\_\_

\_\_\_\_\_



Chinese Soup

\_\_\_\_\_

\_\_\_\_\_



Japanese Seafood

\_\_\_\_\_

\_\_\_\_\_



Greek Seafood

\_\_\_\_\_

\_\_\_\_\_



Moroccan Dish

\_\_\_\_\_

\_\_\_\_\_



Indian Dish

\_\_\_\_\_

\_\_\_\_\_



Italian Dessert

\_\_\_\_\_

\_\_\_\_\_



Philippine Dessert

\_\_\_\_\_

\_\_\_\_\_

3

Point to the foods in 2. Ask and answer with a partner.



Do you like cold soup?

Yes, it is. It's very popular in Spain!

I haven't eaten cold soup before! Is it spicy?

I love spicy food! I'll try it.



What traditional foods do you know? Can you describe their taste? How adventurous are you about food?

I will understand a text about adventures.

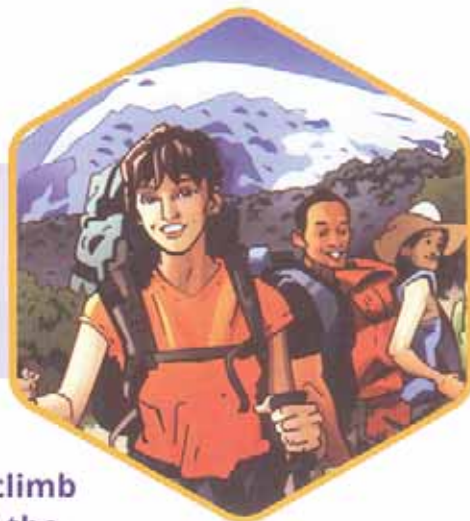


Listen and read. Where is “ugali” from?

## HIGH ADVENTURE at HIGH ALTITUDES

by Phil Steadman

Explorer Gilda Navarro updates us on her attempt to climb the Seven Summits – the highest mountain on each of the world’s seven continents.



**Phil:Steadman:** Good morning, Gilda. Thanks so much for talking to us today. I know you’re busy preparing for your next mountain adventure.

**Gilda Navarro:** Of course, Phil. It’s always a pleasure. I could use a break, anyway!

**Phil:** You certainly have been busy over the last two years.

**Gilda:** Yes, you could say that!

**Phil:** For our listeners who may not know, over the last two years you’ve climbed six of the world’s seven tallest mountains. That’s amazing for such a short period of time. I get tired just thinking about it!

**Gilda:** My dad always says I have a lot of energy.

**Phil:** That’s certainly true! When we last spoke, you were getting ready to climb Mount Kilimanjaro, in Africa. What was it like?

**Gilda:** That was a great one. Well, they’ve all been great. Mount Kilimanjaro isn’t the highest of the Seven Summits. It’s actually number four. It’s 5,895 meters high, and it’s located in Tanzania.

**Phil:** I see. How long did it take you to climb it?

**Gilda:** It took me and my team a full seven days to climb that one.

**Phil:** Wow. What did you eat during the climb? Was it local Tanzanian food?

**Gilda:** Not really. We had pasta, rice dishes... normal things.

**Phil:** So the food wasn’t as adventurous as the climb, was it?

**Gilda:** Oh, we had a lot of delicious local food after we got back. There’s a tasty Tanzanian food called ugali. Have you ever heard of it?

**Phil:** No, I haven’t. Is it spicy?

**Gilda:** No, ugali is plain by itself. It’s made of corn. It looks a little like mashed potatoes. You roll up some ugali in a ball, and you dip it in stew.

**Phil:** That sounds like good comfort food.



**Gilda:** Yes, I've tried different kinds of food everywhere. I'm pretty adventurous about food, I think.

**Phil:** What about your next climb?

**Gilda:** We're getting ready for our last mountain. And we've saved the best for last.

**Phil:** Mount Everest?

**Gilda:** That's right. It'll take us a few weeks to climb Everest.

**Phil:** Is that because it's so high?

**Gilda:** Well, yes. To climb Mount Everest, you have to stop at several different places and let your body get used to the altitude. If you don't, you'll be in big trouble!

**Phil:** I bet! I have one more question. Imagine you had to choose from one of these: going mountain climbing or going on an all-expenses-paid trip to a gorgeous tropical beach. Which one would you rather do?

**Gilda:** That's the world's easiest question. I'd rather go mountain climbing! There's nothing better.

**Phil:** Spoken like a true adventurer! Gilda, thank you for spending time with us. Good luck with that last summit.

**Gilda:** Thanks so much. It was fun talking to you.



## Reading Comprehension

**5** Read and say **true** or **false**.

- 1 Gilda Navarro has climbed the world's seven highest mountains.
- 2 Mount Kilimanjaro took Gilda less than a week to climb.
- 3 Gilda and her group ate local Tanzanian food after their climb.
- 4 Mount Everest takes weeks to climb to allow time for adjustment to the altitude.



Do you want to climb a mountain? Why/Why not?

# Language in Action

I will listen to a dialog about going to a concert.

138  
6

Listen and read. Why is Abigail *really* going to go to the concert with her dad?

**Dad:** Abigail, there's a concert down at the Arts Center weekend. Do you want to go?

**Abigail:** What kind of concert?

**Dad:** It's classical music. You know... Mozart. Beethoven.

**Abigail:** Classical music? Uh, no thanks. I'd rather stay at home.

**Dad:** Come on! Have you ever been to a classical music concert?

**Abigail:** Well, no... I haven't. But I don't think I'd like it.

**Dad:** That's a pity because the Arts Center is giving free Boys Town concert tickets to the first 25 people who come that night.

**Abigail:** What? The Boys Town concert? I think I've changed my mind.

**Dad:** Oh, really? Why?

**Abigail:** Well, Dad, I've never been to a classical music concert before. I might like it. Let's make sure we get there early, OK?



7

Practice the dialog in 6 with a partner.

139  
8

Listen and stick. Then complete the sentences with the correct form of the verb from the box.

be   learn how   study   try

- 1 Jason has never \_\_\_\_\_  
to skateboard.
- 2 Claire has never \_\_\_\_\_  
to a water park.
- 3 Sally has never \_\_\_\_\_  
Thai food.
- 4 Allie has never \_\_\_\_\_  
another language.

# Grammar

**I will learn to** use the present perfect with *ever* to talk about experiences.  
**I will learn to** express preferences using *would rather*.

**Have** you **ever been** to a concert?

Yes, I **have**./No, I **haven't**.

**Has** he **ever been** skydiving?

Yes, he **has**./No, he **hasn't**.

**9** Complete the questions. Then make answers.

- 1 Have you ever \_\_\_\_\_ a horror movie? (see) \_\_\_\_\_
- 2 Have you ever \_\_\_\_\_ skydiving? (be) \_\_\_\_\_
- 3 Have you ever \_\_\_\_\_ on a stage? (perform) \_\_\_\_\_
- 4 Have you ever \_\_\_\_\_ sushi? (eat) \_\_\_\_\_

**Would** they **rather** play soccer or watch it?

They'd **rather** play soccer.

**10** Look at the survey. Complete the questions. Use **would** and **rather**. Then make answers.

- 1 \_\_\_\_\_ play video games or go skateboarding?  
She'd \_\_\_\_\_
- 2 \_\_\_\_\_ write a story or play chess?  
\_\_\_\_\_
- 3 \_\_\_\_\_ visit a museum or create a sculpture?  
\_\_\_\_\_

## Student Interest Survey

Dear Student,

We're putting together an after-school program and we want your input!

Please check all activities that interest you. Thanks!

Name: Chloe Harrison

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Baking                         | <input checked="" type="checkbox"/> Sculpture | <input type="checkbox"/> Chess                    | <input type="checkbox"/> Video game competition |
| <input checked="" type="checkbox"/> Short story writing | <input checked="" type="checkbox"/> Fishing   | <input checked="" type="checkbox"/> Skateboarding | <input type="checkbox"/> Visiting museums       |



I will learn about the effects of adrenaline.

## CONTENT WORDS

adrenal glands    adrenaline    air cells    heart    hormone  
lungs    oxygen    prehistoric    protect    release    stress



Listen and read. What happens when you're scared?

# Fight or Flight

Have you ever watched a scary movie and felt like your heart was going to jump out of your chest? If so, then you were probably feeling the effects of adrenaline. Adrenaline is an important hormone which is produced by your body. Hormones give important information to different cells. When you get scared, your body sends out adrenaline in order to get itself ready to fight something scary or to run away from it. That's why adrenaline is sometimes called the "fight or flight" hormone.

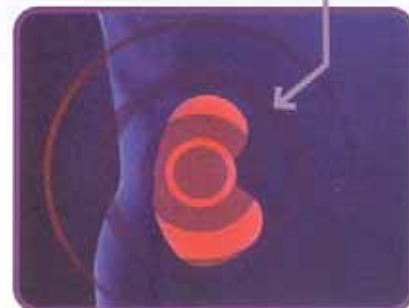
The release of adrenaline in your body gives you an extra boost of energy. Blood rushes to your muscles, so your heart starts beating quickly. Air moves rapidly into your lungs, so you breathe quickly and send oxygen around your body faster. These are normal reactions to fear or stress. What's happening in this situation? This reaction lasts just long enough to make you feel stronger and faster and help you deal with a difficult situation. Your body has tried to protect you.

Humans have felt the effects of adrenaline since prehistoric times. However, the official discovery of adrenaline was only made in 1900. But since even before that there have been many stories of people who have used "superhuman" strength in order to save another person's life.

We feel the effects of adrenaline on a day-to-day basis. In most cases though, the effect is not so dramatic. For example, imagine you're riding on your bike and someone steps out in front of you. Quick! What do you do? Your brain makes a fast decision to get out of the way, and the release of adrenaline helps your body move more quickly.

So next time you ride a roller coaster, watch a scary movie, or get nervous before a race, pay attention to how your body reacts. You'll probably be feeling the effects of adrenaline at work.

Adrenaline gets into your cells from your adrenal glands, located at the top of your kidneys.



**12** Look at 11. Read and say **true** or **false**.

- 1 When adrenaline is released into your body, the heart beats less quickly.
- 2 "Superhuman" strength is caused by adrenaline in the body.
- 3 An adrenaline reaction always lasts a very long time.



Which activities make you release the most adrenaline?



I will learn about extreme sports.

**13** Listen and read. Why is it called *High Adventure*?

**CONTENT WORDS**  
 aerialist antenna board competitive diver  
 extreme sports parachute professional  
 risk tightrope trick

# High Adventure!

We have done extreme activities for centuries. Many cultures have encouraged extreme examples of strength or daring. Let's look at some extreme sports.



## 1 Cliff diving

Competitive divers dive off boards that are between 3-meters and 10-meters high. But what about diving off the side of a cliff? The La Quebrada Cliff Divers are professional cliff divers. They dive into the ocean from 38 meters above – head first. There has been a group of professional La Quebrada cliff divers since 1934.

## 2 BASE jumping

Have you ever wanted to fly? Arnan Firman jumped from a tower in Cordoba, Spain, covered in feathers. BASE jumpers begin by standing at the top of a very high place – BASE stands for Buildings, Antennas, Spans (bridges), and Earth (cliffs). They then take a free jump down, using a small parachute to slow their fall.

Some people love taking extreme risks. Would you try?

## 3 Tightrope walking

The Frenchman Charles Blondin was the first acrobat to walk a tightrope across Niagara Falls. He crossed the Rainbow Bridge in 1859. Today, the Flying Wallenda Family are aerialists who do tricks high up in the air.



**14** Look at 13. Read and match with paragraphs 1–3.

- They are a talented family.
- Someone did this covered in feathers.
- They have had a club for many years.



Why do you think that some people enjoy extreme sports?

# Writing | Description: Experience

I will learn to write a descriptive paragraph about myself.



**15** Read the paragraph, then copy and complete the chart about it.

**describes  
main idea  
in topic  
sentence**



**provides  
specific  
examples  
and details**



**ends with a  
summary of  
the topic**



I'm a pretty adventurous person in some ways. I love to hike and enjoy hiking on new trails. However, I have always been afraid of heights. This is something that I'm trying to change about myself because in the future I want to hike up a mountain and mountains are high! To challenge myself, I've been on the highest roller coasters at the local amusement parks. They were scary but fun! Also, last year when I went to Paris, I went on the tour that takes you up to the top of the Eiffel Tower. It was a little scary, too, but the view from the top was amazing! I may not like heights, but I do like adventures. And I know one day I'll lose my fear of heights and I'll go and climb that mountain!

- by Stella

## How Stella is adventurous and willing to try new things

Example:

Example:

**16** Now choose two ways you are adventurous and willing to try new things from the box. Use them to write a descriptive paragraph about yourself in your notebook.

Clothes    Food    Hobbies    Making New Friends    New Places

## I am adventurous and willing to try new things

Example:

Example:

**17** Share your descriptions with the class. Who is the most adventurous?



# Life Skills | Explore your surroundings.

I will learn to talk about exploring my surroundings.

- 18** Answer the questions in your notebook. Then interview a partner and record the answers.

Have you ever...?	Me		My Partner	
	Yes	No	Yes	No
been to an art show at a local museum				
danced at a local festival or celebration				
helped clean up an area in your community				
seen or talked to the mayor of your town				
volunteered to work with younger children				
visited a local farm				
attended a concert or movie at a local park				
had a picnic at a local park				
been swimming at a public beach or pool				
visited someone at a nearby care home				
been to a sports event at another school				
been hiking or camping near where you live				



## Project

- 19** Find pictures to make a collage of the things you could explore in your community.



In my community, there are many parks and a lake, too. I've never fished in it, but I've been swimming there. I plan to visit a local farm. I've visited a care home and plan to do it again soon!



# Listening and Speaking

**I will review** the sounds *ft*, *ct*, *mp*, and *sk*.

**I will learn to** talk about preferences and experiences.

**145**  
**20** Listen, read, and repeat.

1 **f-t ft**    2 **c-t ct**    3 **m-p mp**    4 **s-k sk**

**146**  
**21** Listen and blend the sounds.

1 l-e-f-t    left    2 f-a-c-t    fact    3 c-a-m-p    camp  
4 r-i-s-k    risk    5 r-a-f-t    raft    6 l-a-m-p    lamp

**147**  
**22** Listen and chant.

It's a fact that  
Sailing at night  
On a raft,  
Without a lamp,  
Is a risk!



**23** Do a survey. On your own, complete each question in your notebook by writing two activities. Then work in groups of four. Take turns asking your questions. Record the answers.



Would you rather go on a roller coaster or ride a horse?

I'd rather ride a horse. Roller coasters scare me!



Would you rather...?	Student 1	Student 2	Student 3
go on a roller coaster or ride a horse			
or			

**24** In your group, ask and answer about the activities in your survey.



Have you ever ridden a horse?

No, I haven't. But I'd like to try.





# Review

**25** Complete the sentences with the words from the box. Then answer the questions.

delicious    spicy    terrible    traditional    unusual

Last night, my family tried a new restaurant in the city. It serves <sup>1</sup>\_\_\_\_\_ Indian food. My older sister thought the food was too <sup>2</sup>\_\_\_\_\_ and started to cough. My brother thought it was so <sup>3</sup>\_\_\_\_\_ that he ordered more. My little sister thought it was <sup>4</sup>\_\_\_\_\_ and asked for a peanut butter sandwich. My Aunt Millie tried a dessert that she'd never had before. She said it was very <sup>5</sup>\_\_\_\_\_, but she would order it again.



- 1 Would her older sister rather eat more or have a glass of water?  
\_\_\_\_\_
- 2 Would her brother rather not come back or come back often?  
\_\_\_\_\_
- 3 Would her little sister rather have more Indian food or have something else to eat?  
\_\_\_\_\_

**26** Answer the questions. Add a sentence that gives additional information.

- 1 Have you ever eaten Indian food?  
\_\_\_\_\_
- 2 Have you ever tried a new food and loved it?  
\_\_\_\_\_
- 3 Have you ever made dinner at home for your family?  
\_\_\_\_\_

## I Can

• use words to describe food.

• talk about experiences using the present perfect and *ever*.

• use *would rather* to talk about preferences.

• write a paragraph about my experiences.



Mario Herrera  
Christopher Sol Cruz

# BIG ENGLISH



2ND EDITION  
WORKBOOK

5



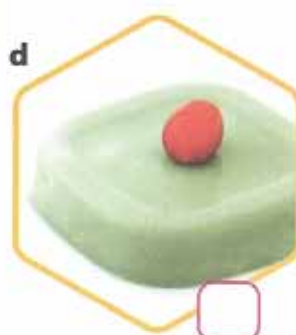
# 9

# How Adventurous Are You?

## Language in Context

133  
1

Listen and match. Write the number.



2

Read about the food in the pictures in 1. Rate them. 1 = I really want to try it!  
2 = I might want to try it. 3 = I never want to try it!

1

This Filipino dessert is called Buko Pandan. It looks pretty, and it has a wonderful sweet taste.

2

Tandoori chicken is a popular traditional dish from India. It is made with chicken and spices like pepper and curry. It tastes hot and spicy!

3

Chinese soup has tofu in it. It's hot and sour. It has a very unusual taste!

4

Marinated octopus is a traditional seafood dish from Greece. The octopus is left in olive oil, lemon juice, and herbs for a short time. It's delicious!

3

How adventurous are you with food? Look at your ratings in 2 and ✓ your answer.





I'm very adventurous. I rated most of the food as 1.

I'm somewhat adventurous. I rated most of the food as 2.

I'm not adventurous at all. I rated most of the food as 3.



Listen and ✓ the words you hear for each food.

	unusual	tasty	popular	raw	spicy	sweet	traditional	delicious
<b>1</b>  gazpacho								
<b>2</b>  sushi								
<b>3</b>  tagine								
<b>4</b>  spumoni								

5

What food do you like? What food don't you like? What does it taste like?

---



---



Name a traditional food from your country. Then circle words to describe it.

\_\_\_\_\_

hot / raw / sweet / spicy / cold / sour  
 unusual / popular / delicious

How did I do?







Listen and read. Then answer the questions.

# Life on a Boat

Eleven-year-old Glenn Dodd has lived on a boat with his family for the past two years. A local radio station is interviewing him.

- Interviewer:** Today on Awesome Adventures, we're talking to eleven-year-old Glenn Dodd. Glenn's family has lived on a boat and has traveled around Australia for the last two years. Tell me, Glenn, what's it like living on a boat?
- Glenn Dodd:** Well, in the beginning it was really hard. There are four people in my family and a dog. The boat is small, so we were always very close to each other.
- Interviewer:** Wow! I'm sure that was tough sometimes.
- Glenn Dodd:** Yes, we had to learn to get along, or my dad said he'd throw us into the ocean!
- Interviewer:** That would make me behave, too! What do you like the most about life on a boat?
- Glenn Dodd:** Well, probably all the new things I can try.
- Interviewer:** Like what? Give me an example.
- Glenn Dodd:** Well, I've eaten alligator meat a few times. And I've scuba dived with stingrays. That was a little scary!
- Interviewer:** I can imagine it was! Now tell me, after two years, would you rather live on a boat or in a house?
- Glenn Dodd:** Honestly, I really want to live in a house now, like my friends. Actually, my family has decided to go back home next month. So, soon, I'm going to be a land creature again.
- Interviewer:** Well, good luck, Glenn. That's all the time we have. Thanks again for sharing your story.



- 1 Where does Glenn Dodd live now? \_\_\_\_\_
- 2 What does he like most about living there? \_\_\_\_\_
- 3 Do you think Glenn is an adventurous person? Why/Why not? \_\_\_\_\_  
\_\_\_\_\_



# Language in Action

140  
7

**Listen. Then circle the correct answers.**

**Allie:** Hi, Roberto. Let's do something on Saturday afternoon.

**Roberto:** That sounds good, Allie. But I have a lesson on Saturday.

**Allie:** You have lessons on Saturdays?

**Roberto:** Yes. I'm learning Chinese!

**Allie:** Chinese? Really?

**Roberto:** Yes. It's really interesting. Have you ever studied another language?

**Allie:** Well, I can speak English and Spanish. But I've never studied another language.

**Roberto:** It's a lot of fun. And I'm learning a lot. I can say so many things in Chinese already.

**Allie:** That's amazing! How do you say *hello* in Chinese?

**Roberto:** Ni hao, Allie!

**Allie:** Hola, Roberto!



- |                              |                            |                                  |
|------------------------------|----------------------------|----------------------------------|
| 1 Roberto and Allie are      | a friends.                 | b brother and sister.            |
| 2 Roberto studies Chinese on | a Sundays.                 | b Saturdays.                     |
| 3 Allie speaks               | a English and Chinese.     | b English and Spanish.           |
| 4 Roberto                    | a enjoys studying Chinese. | b doesn't like studying Chinese. |
| 5 <i>Ni hao</i> means        | a 'goodbye'.               | b 'hello'.                       |

8

**Look at 7. Read the underlined expressions. Match the expressions with their meanings. Write the letters.**

- |                         |                             |
|-------------------------|-----------------------------|
| ___ 1 do something      | a Wow! That's great!        |
| ___ 2 That sounds good. | b go somewhere and have fun |
| ___ 3 That's amazing!   | c That's a good idea.       |

9

**Complete with the expressions in 8.**

**A:** Hi, Jack. Do you want to <sup>1</sup> \_\_\_\_\_ on Sunday afternoon?

**B:** <sup>2</sup> \_\_\_\_\_. Do you want to go to the movies? I have two tickets, and they were free!

**A:** <sup>3</sup> \_\_\_\_\_. Where did you get them from?

**B:** They were a present.

How did I do?





**Have you ever been** to a concert? Yes, I **have**./No, I **haven't**.

**Has he ever been** skydiving? Yes, he **has**./No, he **hasn't**.

**10 Match the three forms of the verbs. Draw lines.**

**Present Simple**

- 1 act
- 2 break
- 3 fall
- 4 go
- 5 have
- 6 move
- 7 swim
- 8 win

**Past Simple**

- 1 fell
- 2 moved
- 3 swam
- 4 broke
- 5 acted
- 6 won
- 7 went
- 8 had

**Past Participle**

- 1 gone
- 2 fallen
- 3 won
- 4 acted
- 5 swum
- 6 broken
- 7 had
- 8 moved

**11 Unscramble the questions. Then look and write the answers.**

**Cara's Important Events**



2000 2015

2008 – went to Disney World

2011 – fell off my bike and broke my arm

**Keaton's Important Events**



2000 2015

2008 and 2009 – swam in Puerto Vallarta on vacation

2011 – won soccer tournament; broke my leg

1 ever / has / been / Cara / to Disney World?

---



---

2 Cara / swam / ever / has / in Puerto Vallarta?

---



---

3 Keaton / has / been / to Puerto Vallarta / ever?

---



---

4 Keaton / broken / his arm / has / ever?

---



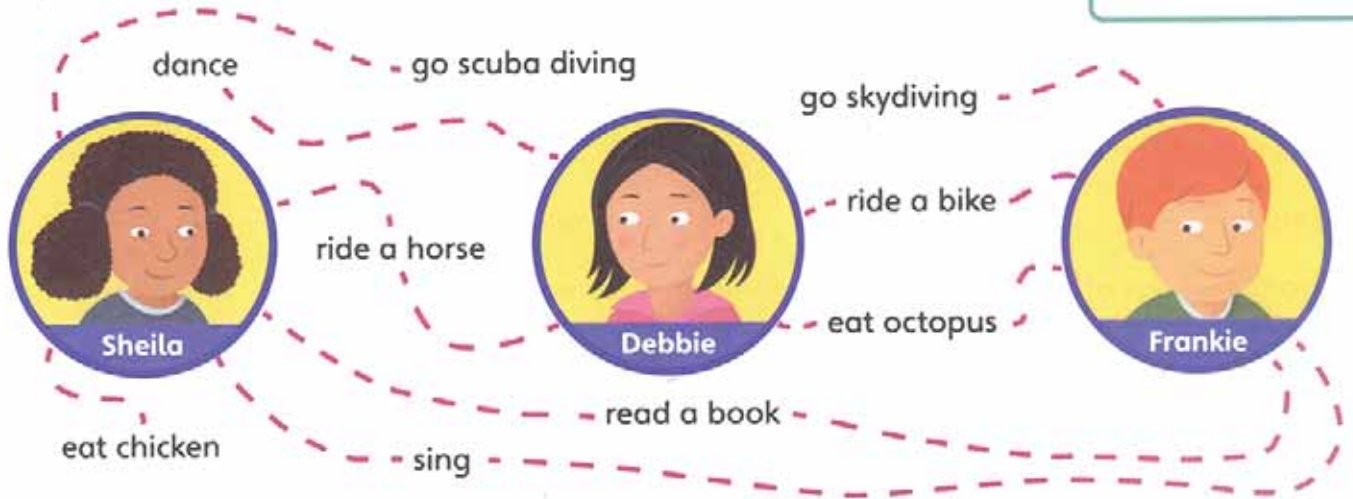
---



Would they **rather** play soccer or watch it? They'd **rather** play soccer.

**I'd** = I would  
**you'd** = you would  
**he'd** = he would  
**she'd** = she would  
**they'd** = they would

**12** Follow the lines. Make guesses and answer the questions.



1 Would Sheila rather go skydiving or go scuba diving?

She'd rather go scuba diving.

2 Would Sheila and Debbie rather ride a bike or ride a horse?

\_\_\_\_\_

3 Would Frankie and Debbie rather eat chicken or eat octopus?

\_\_\_\_\_

4 Would Frankie and Sheila rather watch cartoons or read a book?

\_\_\_\_\_

**13** Answer the questions.

1 Would you rather eat chicken or eat octopus?

\_\_\_\_\_

2 Would you rather ride a bike or ride a horse?

\_\_\_\_\_

3 Would you rather go skydiving or go scuba diving?

\_\_\_\_\_

How did I do?





**14** Read and circle the correct answers.

- 1 A chemical that your body produces when you are excited, frightened, or angry.
  - a adrenal glands
  - b adrenalin
- 2 A chemical which your body produces that affects your body.
  - a hormone
  - b oxygen
- 3 To let go of something (or someone).
  - a release
  - b protect
- 4 Strong feelings of worry that prevent you from relaxing.
  - a boost
  - b stress
- 5 The smallest part of a living thing.
  - a oxygen
  - b cell

**15** Listen and read. Then circle T for true or F for false.

## Extreme Sports

Many people exercise to relax and to release stress. But other people like sports that are exciting and may even be dangerous, like motorcar racing, skiing, and rock climbing. These people love the feel of adrenalin rushing through their bodies, giving them that extra boost of energy. The sudden boost of this hormone is called an adrenalin rush.

### Freeriding

Freeriding is like big wave surfing on snow. Skiers go to the top of a very high, steep mountain and ski down it. There are no paths for them to follow – they just follow the natural paths down the mountain. Where does the adrenalin rush come from? They go down the mountain very, very fast because the slopes that they ski down are very steep. Some slopes are almost at 90 degrees to the ground. They also fly in the air in some places, over rock-covered snow cliffs. Now that sounds very exciting, doesn't it?



- |  |   |   |
|--|---|---|
| 1 Some extreme sports can give people an adrenalin rush. | T | F |
| 2 Freeriders ski down very high, steep mountains.        | T | F |
| 3 Freeriders follow a path.                              | T | F |
| 4 Freeriders aren't adventurous.                         | T | F |



144 **16** Read and complete. Then listen and check.

achieved   extreme sports   goals   professional   risks   sail

## Record-breaking Teenagers



All around the world, there are teenagers who do amazing things at home, at school, or on the sports field. But some teenagers take enormous <sup>1</sup>\_\_\_\_\_ and break records in the world of <sup>2</sup>\_\_\_\_\_. Let's read about two record-breaking teenagers, who set out to achieve and succeed in reaching their amazing <sup>3</sup>\_\_\_\_\_.



Jordan Romero is a <sup>4</sup>\_\_\_\_\_ climber who, as a teenager, climbed seven of the highest and most challenging mountains on seven continents. He climbed his first mountain, Mount Kilimanjaro in Africa, in 2006, when he was ten years old. He's the youngest person in the world to do this. In 2011, when he was fifteen years old, he climbed the last of the seven mountains, a mountain in Antarctica. Jordan, who lives in California, wants to help other teenagers reach their goals, so he started a group called Find Your Everest.

In 2012, a Dutch teenager, Laura Dekker, became the youngest person to <sup>5</sup>\_\_\_\_\_ around the world on her own. Laura has been on or near water all her life. She was born on a boat, got her first boat when she was six years old, and at eight years old began dreaming about sailing around the world. At ten years old, she got her second boat, *Guppy*, and at fifteen years old she set off on her long trip. A year and a day later, she <sup>6</sup>\_\_\_\_\_ her goal. She was just sixteen years old. When Laura finished the trip and got off her boat, her mother, father, sister, grandparents, and many cheering fans greeted her.

**17** Read 16 again and answer the questions.

1 How many mountains on how many continents has Jordan Romero climbed?

---

2 How old was Jordan when he climbed his last mountain?

---

3 What does Find Your Everest do?

---

4 How old was Laura when she got her first boat?

---

5 How old was Laura when she set off to achieve her goal?

---



A good description includes:

- a clear topic sentence that tells the reader what you are going to write about. (*I'm not a risk-taker.*)
- more information about the topic that gives examples or details. You can introduce your examples using *For example*. Always use a comma. (*For example, I don't like trying new foods. I also get nervous when I go to new places where I can't speak the language.*)
- a summary that retells your topic sentence in a new way. (*It's OK that I'm not a risk-taker because it's good to have different people in the world.*)

**18** Read the description. Then answer the questions. Write the numbers.

<sup>1</sup>I'm not at all adventurous, and I don't like to try new things. <sup>2</sup>For example, I don't play sports because every time I've played, I've gotten hurt. <sup>3</sup>I also don't like trying new foods, and I prefer to eat the same food every day. <sup>4</sup>This is strange because my whole family loves trying food from different cultures. <sup>5</sup>Everyone says I should be more adventurous and try new things, but I'm happy just the way I am.

- \_\_\_ 1 Which sentence is the topic sentence?
- \_\_\_ 2 Which sentences give details about the topic?
- \_\_\_ 3 Which sentence retells the topic in a new way?

**19** Think of ways that you are **not** adventurous. Complete the chart.

Complete the sentence: *I am not adventurous because...*

Give an example and details.

Give another example and details.

Write a summary. Explain in one sentence how you are not adventurous.

**20** Write a paragraph about how you are **not** adventurous. Use **19** to help you.



# Review

21 Find and circle these words.

popular  
raw  
sour  
spicy  
sweet  
tasty  
traditional  
unusual

q z i w  
a x c b w j t k  
n o m v d q y r f d  
u d p z p a r a w s  
a n s o u r g h d i a m  
i u m p m r s p i c y n  
l s f u b l w g t p z b  
q u p l x y e f i j n v  
a a e a g l e d o t e c  
l q r w q t s n y u s  
t a s t y a a s y  
i m v l j l

22 Complete the sentences. Use some of the words in 21.

- 1 One soup at the Spanish restaurant has a lot of spices in it. Not many people order it.  
The soup is too \_\_\_\_\_ so it isn't \_\_\_\_\_.
- 2 Many of the dishes at the Greek restaurant are delicious seafood dishes. One of the dishes is eaten by everyone in Greece and was eaten long ago, too.  
That seafood dish is \_\_\_\_\_ and \_\_\_\_\_.
- 3 The new Mexican restaurant has a dessert that is made with avocado and lime.  
The avocado dessert isn't common. It's \_\_\_\_\_. It isn't sweet like usual desserts.  
It's \_\_\_\_\_.

23 Complete the questions. Use the correct form of the words in parentheses. Then answer the questions about yourself.

- 1 \_\_\_\_\_ you ever \_\_\_\_\_ (go) to a Japanese restaurant?  
\_\_\_\_\_
- 2 \_\_\_\_\_ you ever \_\_\_\_\_ (see) an octopus?  
\_\_\_\_\_
- 3 \_\_\_\_\_ you ever \_\_\_\_\_ (eat) grasshoppers?  
\_\_\_\_\_

How did I do?

