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BIG ENGLISH



2ND EDITION
STUDENT'S BOOK



3

Food Around the World

Vocabulary

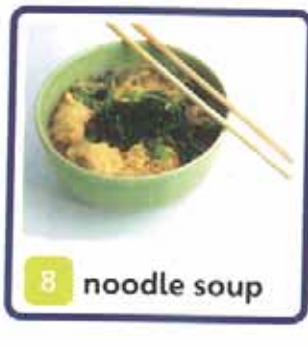
I will learn to name foods.



Song Time!



Listen, look, and say.




2 Play the game.

Song

I will learn to ask and answer about what people would like to eat.

 **3** Listen and sing. Find the food.

Would You Like Some?

 "Would you like some noodle soup?
Tonight it tastes really nice!"
Sam says, "No, Dad, not right now.
But thanks so much – thanks, anyhow."

Come on, Sam, please have a little taste!
Come on, Sam, don't make a funny face!

"How about a sweet steamed bun?
It's really yummy. Come on, try one!"
Sam says, "No, Dad, not right now.
But thanks so much – thanks, anyhow."

"Would you like some chicken curry?"
"No, thanks, Dad. I'm in a hurry!"
Sam says, "No, Dad, not right now.
But thanks so much – thanks, anyhow."

Chorus

"Come on, Sam. Just one little bite!"
"Oh, really, Dad. Oh, all right!"
Mmm. Hey, you're right. It's great!
Please put some more on my plate!"



 **4** Listen and say the foods from 1.

1



Isabella
Italy

2



Mei Lin
China

3



Oliver
Scotland

4



Angela
Mexico

5



Alan
United States

**THINK
BIG**


Which child's meals in 4 do you like? Which do you not like?
What do you like eating for breakfast and for lunch?

Story

I will read a story about what someone would like to eat.

5 Listen and read. Does Christina like Sam's cake?

Homemade Lemonade



Oh! Lemonade and cake! Mmm!

Would you like to try some?

1 Sam makes some lemonade and cake.




Mmm. Yes, I would.

What would you like first?

I'd like some cake, please.

2 Christina would like some cake.



How is it?

Um! It's... OK.

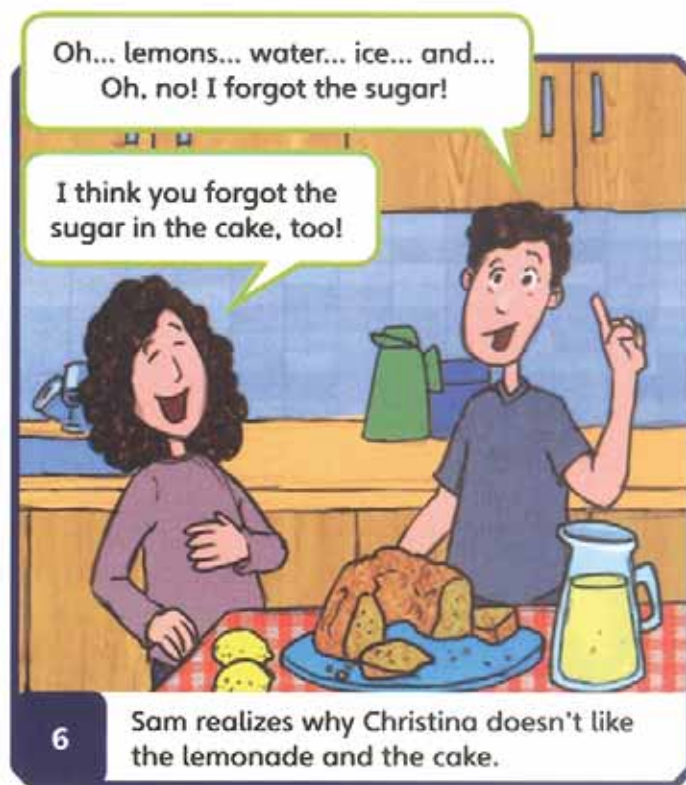
3 Christina doesn't like the cake.



Would you like some lemonade?

Yes, I would. Thanks!

4 Christina would like some lemonade.



Read and choose. Make correct sentences.

- 1 Sam makes some **lemons** / **lemonade** and cake.
- 2 Christina **wants** / **doesn't want** to try some.
- 3 First, she has **some cake** / **a lemon**, but she doesn't like it.
- 4 Then she has some lemonade, but she **can** / **can't** drink it.
- 5 In the lemonade, there's **oranges** / **lemons**, water, and ice.
- 6 Sam forgot to put in the **salt** / **sugar**.



Lemons are sour. Can you think of any other sour foods?
Lemonade is sweet. Can you think of any more sweet foods?
Which do you prefer? Sour food or sweet food?

Language in Action

I will listen to a dialog about what someone would like to eat.

7 Listen and read. Then say.

Grandpa: What would you like for lunch, Aiden?

Aiden: I'd like a sandwich, please.

Grandpa: I'm making a BLT. Would you like one?

Aiden: What's a BLT?

Grandpa: Bacon, lettuce, and tomato – on toast.

Aiden: That sounds great! May I have two?

Grandpa: Two sandwiches? You must be hungry!
Would you like some milk, too?

Aiden: Yes, I would. Thanks, Grandpa.



8 Practice the dialog in 7 with a partner.

9 Listen and stick. Write a word from the box next to each picture.

salty sour spicy sweet

1



green mango smoothie _____

2



blue corn tortilla chips _____

3



chili _____

4



flan _____

Grammar

I will learn to use *would like* to talk about foods.

What would you like ?		I'd like some soup.		I would like → I'd like	
What would	he/she	like ?	He'd/She'd	like some yogurt.	He/She would like → He'd/She'd like

10 Look and complete.



- 1 What would Jessie like?
She'd like some oatmeal.



- 2 What _____ Jin-Soo _____?
 _____ some noodle soup.



- 3 What _____ Ms. Ruiz _____?
 _____ yogurt with fruit.



- 4 What _____ you _____?
 _____.

Would	you	like to try some curry?	Yes,	I	would.	No,	I	wouldn't.
	he/she			we			we	
	they			he/she			he/she	
				they			they	

11 Read and complete.

- Would your dad like to try a steamed bun? Yes, _____.
- Would your mom like to try some flan? No, _____.
- Would you like to try a strawberry smoothie? _____.
- _____? Yes, I would.

I will learn about balancing my diet.

CONTENT WORDS
 balanced diet dairy fat grains
 protein salty sugary whole-grain

12 Listen and read. What does the plate show?



It's breakfast time. You're hungry, and you say, "Mom, can I have a chocolate muffin?" But your mom says, "How about something healthy? Let's eat some cereal or fruit for breakfast instead." Why does your mom say this? Because your diet is important for your good health. A balanced diet is the best way to stay healthy. You should eat the right amount of grains, vegetables, fruit, protein (such as chicken), and dairy every day.

The chart below is called My Plate. It shows the right balance of different food groups that your diet should have. The Vegetables section is bigger than the Protein section, so you should eat more vegetables than protein, such as meat. The Grains section is bigger than the Fruit section, so eat more grains, like corn, than fruit. The Dairy section is smaller than the others, so eat fewer dairy foods, such as cheese and yogurt, than any other.

For a healthy body and mind, use the My Plate chart as a guide when you eat, and follow these simple rules:

- Eat food you like, but don't eat too much.
- Eat a lot of fruit and vegetables – about half of what you eat should be fruit and vegetables, such as apples, carrots, and greens.
- Eat whole grains – half of your grains should be whole grains, such as whole-grain bread and pasta.
- Try to choose fat-free or low-fat milk, not whole milk, as too much fat is bad for you.
- Stay away from food that is too salty.
- Drink a lot of water – don't choose sugary drinks.

Can you sometimes eat "bad" foods? Yes, of course, but don't eat too much. If you fill half of your plate with vegetables and stay away from too much fat, sugar, and salt, you'll stay in good health.



13 Look at 12. Copy the chart and complete.

Food group	Examples	Recommendations
Fruit and vegetables	1 _____	Eat a lot of these
2 _____	3 _____	Choose fat-free or low-fat milk
Grains	Bread, pasta	4 _____
Protein	5 _____	6 _____



What can happen when you don't eat a healthy diet?

I will learn about school lunches around the world.

CONTENT WORDS
cafeteria nshima
organic risotto sauces

- 14** Read quickly. Circle the correct answer:
School lunches can be hot or cold in **Zambia and Italy** / **England and Japan**.

School Lunches

Every day, kids all over the world eat lunch at school. Some kids bring food from home, but many get their lunch from the school cafeteria. Let's take a look at what kids in different countries around the world might be eating for lunch today.



In Japan, kids eat lunch in their classroom. Students clear their desks, then four or five pupils take turns serving the food each day. Rice and soup are often part of school lunches in Japan. Some kids bring boxes of cold rice, fish cakes, and vegetables for lunch. They're carefully and beautifully prepared because in Japan the way food looks is very important.

In England, some schools provide hot lunches, but most kids bring lunch from home. Sandwiches with fillings such as cheese, ham, tomatoes, or tuna are popular, and there is often a piece of fruit, a bag of chips, a juice box, and a cookie. Lunch is usually a small meal because dinner is the main meal of the day in England.



In Zambia, many kids eat a dish called nshima for lunch. In fact, people in Zambia often eat nshima for both lunch and dinner. Nshima is a sticky dough made from white ground maize. People eat nshima with their hands. They dip it into tasty sauces and usually eat it with some hot meat or fish.

In Italy, the food in school lunches is often organic, or grown naturally, without chemicals so as to be healthier. The food also comes from farms near the schools. These hot lunches usually include pasta, or a rice dish called risotto. Most schools in Italy serve meat only once or twice each week.



Hot, cold, big, or small: School lunches are very different around the world. What's in yours today?

- 15** Listen and read. Say the country or countries.

- Kids eat in their classroom.
- Food is from a farm.
- Kids eat with their hands.
- Kids eat rice.
- There is something sweet with the meal.
- Lunch and dinner are often the same.



Which lunchtime meal from the text is similar to yours?
Why is it important to eat regularly?

Writing | Conjunctions: *because*, *so*

I will learn to write sentences with *so* and *because*.

16 Complete the sentences. Use **so** or **because**. Then listen and check.

We use **so** and **because** to connect sentences.

I like being healthy. I eat yogurt and fruit for breakfast.

I like being healthy. **so** I eat yogurt and fruit for breakfast.

I love eating watermelon. It's delicious.

I love eating watermelon **because** it's delicious.



- 1 I like eating meat, _____ I often have chili.
- 2 I like eating oatmeal for breakfast _____ it's warm and yummy.

17 Join the sentences. Use the conjunction.

- 1 My sister likes chicken curry. She eats it twice a week. (so)
- 2 I usually eat fruit in the morning. It's tasty. (because)
- 3 We can have Mexican food tonight. There's a new restaurant in town. (because)
- 4 I like Chinese food. I'd like to try some steamed buns. (so)

18 Find the conjunctions.

I like eating vegetables, so I eat them every day. I eat them because they make me feel healthy and are good for my body. I also like drinking fruit juice, but I don't really like fruit, so I don't eat a lot of fruit. But I love watermelon! Because I really love it, I sometimes eat it at lunch or dinner!



19 In your notebook, write three sentences about food that you like or don't like. Use **because** and **so**.

Phonics | *le, el, al, il*

I will learn to use the sounds *le, el, al, and il*.

20 Listen, read, and repeat.

1 le

2 el

3 al

3 il

21 Listen and find. Then say.



apple



camel



medal



pencil

22 Listen and blend the sounds.

1 b-u-bb-le bubble

2 u-n-c-le uncle

3 t-r-a-v-el travel

4 a-p-r-il April

5 s-a-n-d-al-s sandals

6 t-o-w-el towel

7 p-u-p-il pupil

8 l-o-c-al local

23 Read aloud. Then listen and chant.

Take your pencil.
Draw a camel.
Draw a medal.
Draw some bubbles.



Values | Choose healthy foods.

I will learn to talk about what food is healthy and what is not healthy.

24 Listen and complete. Use words from the box.

apple cake carrots chips cookies donuts popcorn yogurt



1 I like _____, but _____ is healthier.



2 _____ are delicious, but they have a lot of sugar. I'll have an _____.



3 I love _____, but they're not really good for me. _____ is better.



4 I had some _____ last night. Today, I want to have some _____ for a snack.

25 Talk about choosing healthy foods with a partner.



I like candy, but a banana is healthier.

I like ice cream, but an orange is better.



Project

26 Make a Healthy Foods collage. Then present it to the class.



Review

27 Make your own restaurant. First, make a menu for breakfast and lunch.

Rosie's Restaurant			
Breakfast		Lunch	
yogurt with fruit	\$3 50	chicken curry	\$5 25
cereal with milk	\$2 75	pasta with vegetables	\$4 95
oatmeal	\$2 75	grilled cheese sandwich	\$4 50
milk	\$1 75	lemonade	\$2 00

Next, take food orders from your classmates. Write the orders.



What would you like for breakfast?

I'd like some oatmeal, please.



Name:	Name:	Name:
Breakfast:	Breakfast:	Breakfast:
Lunch:	Lunch:	Lunch:

Finally, tell the class what your classmates would like to have.

28 Write the names.



1 _____



2 _____



3 _____



4 _____

I Can

- use words for foods and how they taste.
- use *would like* to talk about food.
- ask and answer about what I like/would like to eat.
- write sentences with *so* and *because*.



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BIG ENGLISH



2ND EDITION
TEACHER'S EDITION



3

Food Around the World

Vocabulary

1 Look and match. Write the letter.

1 _____
oatmeal



2 _____
steamed buns

3 _____
pasta with vegetables



4 _____
yogurt with fruit

5 _____
grilled cheese sandwich



6 _____
cereal with milk

7 _____
chicken curry



8 _____
noodle soup

2 What foods do you like?

Breakfast: _____

Lunch: _____

Dinner: _____

Song

49
3

Listen and number in order. Which food is in the song? Put a ✓ or a X.



Would You Like Some?

"Come on, Sam. Just one little bite!"

"Oh, really, Dad. Oh, all right!"

Mmm. Hey, you're right. It's great!

Please put some more on my plate!"

Come on, Sam, please have a little taste!

Come on, Sam, don't make a funny face!

"Would you like some chicken curry?"

"No, thanks, Dad. I'm in a hurry!"

Sam says, "No, Dad, not right now.

But thanks so much – thanks, anyhow."

"How about a sweet steamed bun?"

It's really yummy. Come on, try one!"

Sam says, "No, Dad, not right now.

But thanks so much – thanks, anyhow."

Chorus

"Would you like some noodle soup?"

Tonight it tastes really nice!"

Sam says, "No, Dad, not right now.

But thanks so much – thanks, anyhow."







4

Correct the strange food and write.

1 steamed cereal

2 oatmeal curry

3 toasted yogurt sandwich

4 apple soup

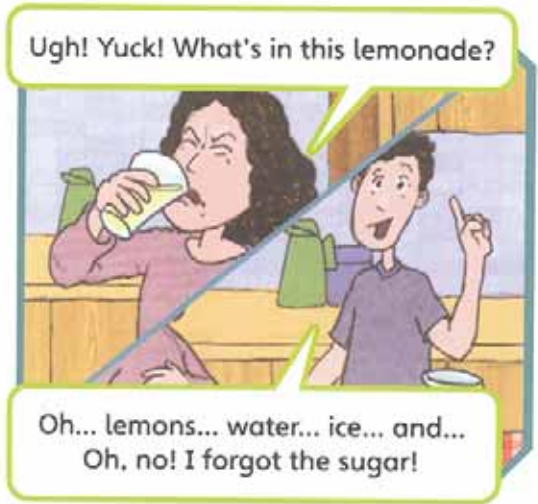
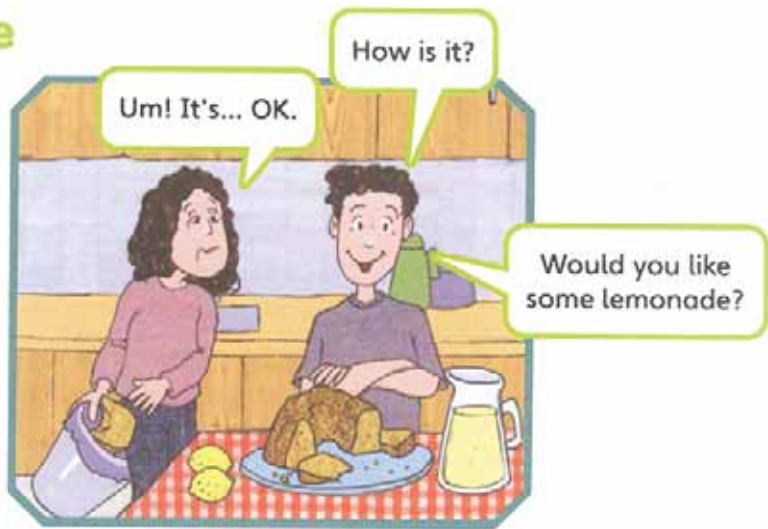
5 milk with lemonade

How did I do?



5 Read. Then circle T for true or F for false.

Homemade Lemonade



- | | | |
|--|---|---|
| 1 Christina likes Sam's cake. | T | F |
| 2 Christina thinks the lemonade tastes good. | T | F |
| 3 The lemonade is sweet. | T | F |
| 4 Sam put lemons in his lemonade. | T | F |
| 5 Sam forgot to put sugar in his lemonade. | T | F |

6 Write about you. Answer Yes, I would or No, I wouldn't.

- Would you like to drink some lemon juice? _____
- Would you like to eat some chocolate cake? _____
- Would you like to drink some lemonade? _____



What happens next in the story? Write.





7 Listen and ✓ the answers.

1 Pablo would like

- chicken fried rice.
- rice and beans.
- pizza.

2 The vegetable curry is

- salty.
- sour.
- spicy.

3 Grandma would like

- yogurt with fruit and sugar.
- yogurt with fruit.
- fruit with sugar.

4 Anna-Marie thinks the corn tortillas are

- salty.
- spicy.
- sweet.

5 The girl likes

- orange juice.
- lemonade.
- water.



8 Answer about you.

1 I like food that is

- salty.
- sour.
- spicy.
- sweet.

2 What would you like for dinner?

I'd like _____.



Grammar

What would you like ?			I'd like some soup.		I'd like → I would like
What would	he/she	like ?	He'd/She'd	like yogurt.	He'd/She'd like → He/She would like



Listen and ✓. Then complete the sentences.



Name: _____

Drinks

lemonade

apple juice

milk

Lunch

chicken curry

noodle soup

rice and beans

steamed buns

Name: _____

Drinks

lemonade

apple juice

milk

Lunch

chicken curry

noodle soup

rice and beans

steamed buns

Name: _____

Drinks

lemonade

apple juice

milk

Lunch

chicken curry

noodle soup

rice and beans

steamed buns

1 What would Linda like?

She'd like milk and noodle soup.

2 What _____ Paul _____?

3 What _____ Maria _____?



Look at 9. Write about you. What would you like?



Would	you	like to try some curry?	Yes,	I	would.	No,	I	wouldn't.
	he/she			we			we	
	they			he/she			he/she	

11 Look at the pictures. Complete the sentences.



A: Would she like to have some pasta?

B: No, she wouldn't.



A: _____ he _____ to eat some oatmeal?

B: _____, he _____.



A: _____ they _____ to drink mango smoothies?

B: _____, they _____.



A: _____ they _____ to try some curry?

B: _____, they _____.

12 Write about you.

1 A: _____ you _____ to try _____?

B: Yes, I _____.

2 A: _____ you _____ to try _____?

B: No, I _____.



13 Circle the correct words.

- 1 For **a balanced** / **an unhealthy** diet, eat food from each of the five food groups every day.
- 2 The five food groups are: fruit, vegetables, dairy, protein, and **chicken** / **grains**.
- 3 Eat more **vegetables** / **dairy** than protein.
- 4 Don't eat food that is too **tasty** / **salty**.
- 5 Don't have too many **sugary** / **fresh** drinks.

14 Listen, read, and complete. Which food can be both low-fat and full-fat?

balance bigger five grains guide smaller sugar



We need to eat a balanced diet. That means we should eat foods from each of the ¹ _____ food groups every day. The main food groups are grains, vegetables, fruit, protein, and dairy.

Look at the My Plate picture. This shows the amount of each food group we should eat. It's very important to get the right ² _____.

The vegetables section is ³ _____ than all the others. So we should eat more of them than any other food. The ⁴ _____ section is also very important. We need to eat a little more of them than protein. Fruit is also important, but it has a lot of ⁵ _____ in it, so we can't eat too much. And dairy foods aren't always low-fat. A lot of dairy foods can make us fat. That's why the dairy section is ⁶ _____ than all the others.

Would you like to be healthier? Then remember to always use My Plate as a ⁷ _____ at mealtimes.

15 Look at 14. Circle T for true or F for false.

- | | | |
|--|---|---|
| 1 We don't need to eat all five food groups every day. | T | F |
| 2 Put mostly protein on your plate. | T | F |
| 3 It's bad to eat too much fruit. | T | F |
| 4 It's better to eat low-fat dairy foods. | T | F |
| 5 My Plate is a very useful guide. | T | F |



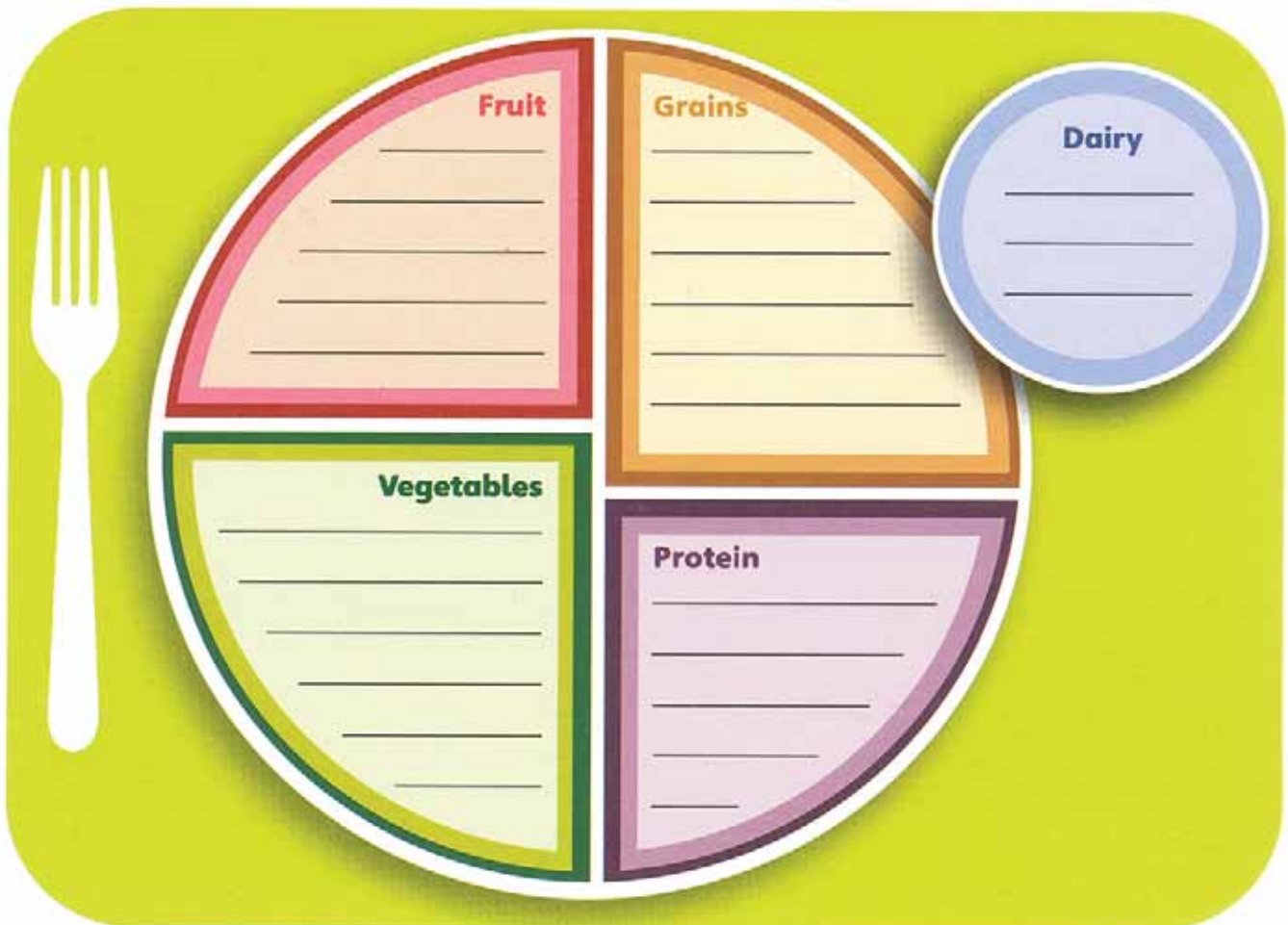
16 Match the words and definitions.

- 1 This is the word we use for all the foods we choose to eat.
- 2 We describe chips and fries with this word.
- 3 We describe candy, cupcakes, and soda with this word.
- 4 Chicken and fish are healthy sources of this.
- 5 Cheese contains a lot of this.

- a fat
- b protein
- c salty
- d diet
- e sugary

17 Write the food on the plate.

bananas beans bread carrots cereal
cheese chicken fish mangoes milk
oranges pasta peppers potatoes rice yogurt



18

Read about school lunches on page 35 of your Student's Book. Then write about *your* school lunches. What's the same/different?

What do they eat for lunch in England?



Japan	(my country)	Same or Different?
Kids take turns serving.	<hr/> <hr/>	<hr/> <hr/>
Kids eat lunch in their classroom.	<hr/> <hr/>	<hr/> <hr/>
England		
Most kids bring sandwiches from home.	<hr/> <hr/>	<hr/> <hr/>
Dinner is the main meal of the day.	<hr/> <hr/>	<hr/> <hr/>
Zambia		
People often eat the same thing for lunch and dinner.	<hr/> <hr/>	<hr/> <hr/>
People eat some food with their hands.	<hr/> <hr/>	<hr/> <hr/>
Italy		
Food is often organic or grown naturally.	<hr/> <hr/>	<hr/> <hr/>
Kids eat meat for lunch once or twice a week.	<hr/> <hr/>	<hr/> <hr/>



19 Read and write *so* or *because*.

- 1 I love eating paella, _____ I have it twice a week.
- 2 I don't like eating chicken curry _____ I don't like spicy food.



20 Read and match. Then circle the conjunctions.

- | | |
|--|--|
| 1 She doesn't like milk, | a so we eat them every week. |
| 2 It's cold today, | b because I want to be healthy. |
| 3 I often have a toasted cheese sandwich for breakfast | c so I'm having oatmeal for breakfast. |
| 4 We love eating meatballs, | d because rice is his favorite food. |
| 5 Carlos likes paella | e so she doesn't drink it. |
| 6 I eat a balanced diet | f because I like cheese a lot. |

21 Join the sentences and write. Use *so* and *because*.

- 1 I'm wearing a coat. It's cold.

- 2 I don't like fruit. I don't eat watermelon.

- 3 Sally is happy. She's eating her favorite lunch.



22 Read and circle le, el, al, and il.

apple curl April
 hear pencil medal sandal
 bubble camel travel hair

23 Underline the words with le, el, al, and il. Then read aloud.

- 1 There are apples in April.
- 2 I wear sandals when I travel in the summer.

24 Connect the letters. Then write.

- | | | | |
|-------|----|---|-------|
| 1 app | el | a | _____ |
| 2 Apr | le | b | _____ |
| 3 cam | al | c | _____ |
| 4 med | il | d | _____ |

25 Listen and write.

Take your ¹ _____
 Draw a ² _____
 Draw a ³ _____
 Draw some ⁴ _____



Review

26 Write questions or answers.



1 A: What would she like for breakfast?

B: _____

2 A: _____

B: He'd like a toasted cheese sandwich for lunch.



3 A: What would they like for dinner?

B: _____

4 A: _____

B: They'd like chicken curry for dinner.



?

5 A: What would you like for dinner?

B: _____

27 Read and circle the correct words.

Mom: **Would / Should** you like to go to an Indian restaurant?

Bobby: No, I **can't / wouldn't**.

Mom: **Let's / How about** an Italian restaurant?

Bobby: No, **let's / thanks**.

Mom: Well, where **can / would** you like to go?

Bobby: **I'd like / Let's go** to a candy store!

28 Read and match.

1 Eat more grains

a balanced diet.

2 Don't eat too

b much salt.

3 Have a lot of

c than protein.

4 Have a

d fruit.



How did I do?

