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BIG ENGLISH



2ND EDITION
STUDENT'S BOOK

3

7

Fabulous Food!

Vocabulary

I will learn to name foods.



Song Time!



1 Listen, look, and say.

At Your Way Café you decide what to put in your sandwich or on your pizza. There are so many things to choose from. Which will you choose?

1 Super Sandwiches!



1 bread



2 cucumbers



3 turkey



4 mustard



5 lettuce

2 Pizza Perfection!



6 green peppers



7 mushrooms



8 tomato sauce



9 olives



10 onions



2 Play the acting game.

Song

I will learn to ask and answer about food.



Listen and sing. What do they eat?

I'm Hungry!

Hi, Mom, I'm home from school.
I'm really hungry now.
I'd like to make a sandwich,
Can you show me how?

**I am home from my school day.
I'd like a sandwich. Is that OK?**

Are there any olives?
Here are some on the shelf.
Is there any tomato sauce?
I see it for myself.

Chorus

There's just one problem, Mom:
There isn't any bread!
But I have a great idea:
Let's have pizza instead!

Chorus



4 Look at 1. Ask and answer.



What do you like in your sandwiches?

I like turkey and lettuce.



THINK BIG

What do you like on pizzas and in sandwiches?

Story

I will read a story about food.

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Listen and read. What are Luke and Amy making?

A Surprise for Mom



1

Luke and Amy are making dinner for their mom. It's a surprise.



2

They need toppings for their pizza.



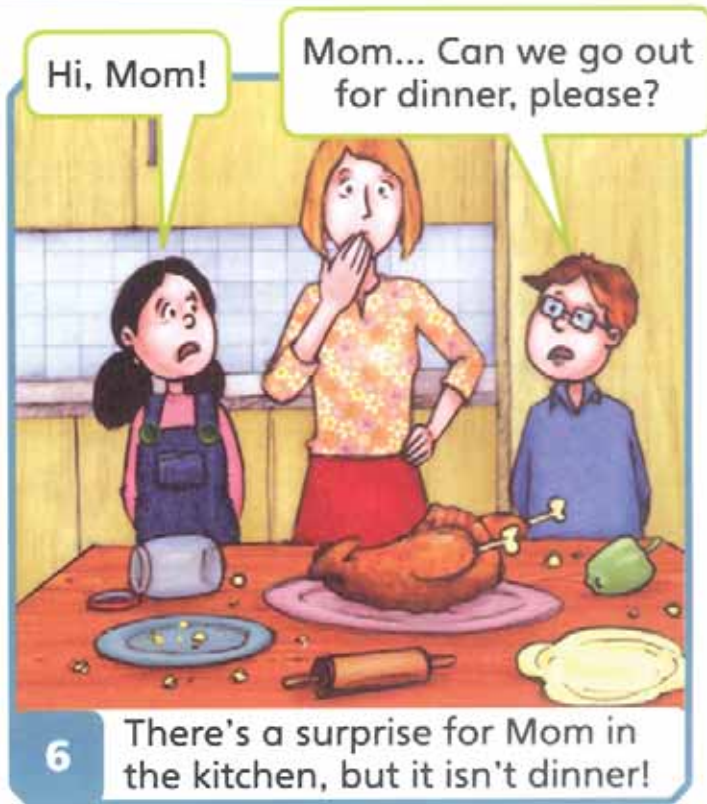
3

Amy and Luke taste some of the pizza toppings.



4

They look in the fridge again. What can they use?



6 Read and say **true or false**.

- 1 Amy and Luke want to make breakfast for their mother.
- 2 There aren't any onions for the pizza.
- 3 Amy and Luke eat all the cheese and olives.
- 4 There isn't any turkey.
- 5 There isn't a surprise for Mom.



Do you help your mom?
How could you help your family?

Language in Action

I will listen to a dialog about food.

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Listen and read. Then say.

Felipa: What are you making, Mom?

Mom: I'm making some salsa.

Felipa: That sounds great!

Mom: I have some tomatoes,
some chili peppers...
Are there any onions over there?

Felipa: Yes. Here they are.

Mom: Thanks.

Felipa: Mmm. That looks delicious, Mom. But there's a
little problem.

Mom: What?

Felipa: Now we have salsa, but there aren't any chips!

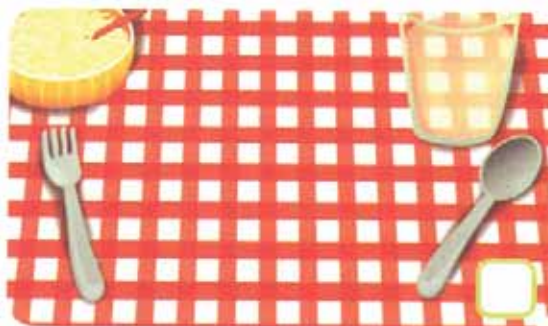


8

Look at 7. Role-play with a partner.

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Listen and stick. Number the pictures.



Grammar

I will learn to use *some* and *any* to ask and answer about food.

Is there any pizza?	Yes, there is some pizza.	Are there any onions?	Yes, there are some onions.
Is there any lettuce?	No, there isn't any lettuce.	Are there any eggs?	No, there aren't any eggs.

10 Look at the chart above. Circle the correct word.

- 1 There are **some** / **any** apples on the table.
- 2 There aren't **some** / **any** eggs in the refrigerator.
- 3 There isn't **some** / **any** milk in the carton.
- 4 There is **some** / **any** mustard in the jar.
- 5 There aren't **some** / **any** onions in this stew.



11 Look at 1. Write questions and answers.

- 1 Is there any bread?

- 2 Are there any onions?

- 3 _____
No, there isn't any cake.
- 4 _____
No, there aren't any bananas.
- 5 _____
Yes, there are some cucumbers.



I will learn about vitamins.

CONTENT WORDS

blood bone brain energy healthy iron muscle skin teeth vitamin

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Listen and read. How many different fruit and vegetables should we eat each day?



The Vitamin Alphabet

Vitamins help our bodies grow strong and stay healthy. But which foods do we get our vitamins from? And why do we need them?



Vitamin A: There's a lot of Vitamin A in orange and yellow fruits like carrots or mangoes, but you can also find some in milk and the yellow part of eggs. Vitamin A helps your eyes and skin stay healthy.

Vitamin D: Milk and eggs also have Vitamin D in them, and so does fish. When we sit in the sun, our body makes a lot of it naturally. This vitamin is very important for strong bones.

Vitamin E: This, on the other hand, helps keep our blood healthy. You can get Vitamin E when you eat nuts and green vegetables.

Vitamin B: There are many different kinds of Vitamin B. Some help give us energy to move our muscles. Others help make blood. We get the different kinds of Vitamin B from different kinds of food. These include potatoes, bananas, bread, rice, pasta, chicken, fish, cheese, eggs, and green peppers.

Vitamin C: Vitamin C is good for our bones, teeth, and even our brains. We get this vitamin from oranges, peppers, tomatoes, and potatoes. Vitamin C also helps us keep other important substances, iron for example, in our body.

We should eat a good variety of fruit and vegetables – at least five a day. But we can eat some 'bad' things too. For example, there are three B vitamins in a good bar of dark chocolate!

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13

Work with a partner. Read and say true or false.

- 1 You can only find vitamins in fruit and vegetables.
- 2 There aren't any vitamins in chocolate.
- 3 There's a lot of vitamin A in orange fruits and vegetables.



Which vitamins do the following people need and why?
a a soccer player b a pilot

I will learn about meals around the world.



Listen and fill in the gaps. Which of these foods would you like to try?

CONTENT WORDS

bake boil dough
fry oil soup
pickled spicy steam

Dumplings: A Global Food

Food can be very different from culture to culture. But there is a type of food that almost every culture shares: the dumpling. What is a dumpling? A dumpling is a piece of dough. You put fillings inside, and then boil, _____, bake, or fry them. Here are some of the most popular dumplings around the world.

Mandu



This dumpling comes from South Korea. Fillings for mandu can be meat and vegetables, or often you can find kimchi mandu – a dumpling filled with kimchi, a kind of _____, pickled cabbage.

Empanada

Across Central and South America, it is easy to find these dumplings. They are filled with ground beef, chicken, or other meats. Then they are fried in hot _____. They are bigger than many other dumplings.



Pierogi



This dumpling is easy to find across Eastern Europe, but many people say they are from Poland. Fillings for this type of dumpling can be potatoes, cheese, meat, or sauerkraut – a salty, pickled cabbage. You can _____ them in butter and onions. Delicious!

Xiao Long Bao

Shanghai, China, is known for its famous _____. These dumplings are filled with meat and served in a hot, delicious soup. The soup goes inside the dumplings and gives them a special flavor.



Ravioli

Most people call this a type of pasta, but it is also a dumpling. Ravioli are well known in Italian cooking. They can be filled with many different things: meat, cheese, vegetables, or sometimes all three. You usually _____ the ravioli and serve them with sauce and cheese.



**THINK
BIG**

What types of dumplings do you like? When do you eat them?

I will learn to write paragraphs.

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Listen and read.

title →

My Favorite Breakfast

by Laura Brown

topic sentence →

I like many foods for breakfast, but I have my favorite breakfast every Sunday morning.



detail sentences →

I start with some orange slices, cold from the refrigerator. Then my mother makes two fluffy pancakes for me. I put butter on them, and then I put warm maple syrup on top. The pancakes are delicious with a glass of cold milk



final sentence →

My favorite breakfast makes Sundays special.

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Listen to Laura's paragraph again. Work with a partner. Take turns and read each part of the paragraph aloud.

17

Write about your favorite meal.

(title)

Writing Steps

- 1 Think about your favorite meal.
- 2 Write a title.
- 3 Write a topic sentence.
- 4 Add detail sentences to give more information.
- 5 Write a final sentence.

I will learn to use the sounds *br, cr, dr, fr, gr, pr, and tr*.

18 Listen, read, and repeat.

1 **br** 2 **cr** 3 **dr** 4 **fr** 5 **gr** 6 **pr** 7 **tr**

19 Listen and find. Then say.



bread



cream



dream



frog



grass



prize



train

20 Listen and blend the sounds.

1 d-r-i-ve	drive	2 g-r-ee-n	green
3 b-r-ow-n	brown	4 p-r-i-n-ce	prince
5 c-r-y	cry	6 t-r-o-ll	troll
7 f-r-o-m	from	8 b-r-i-ck	brick

21 Read aloud. Then listen and chant.

Every night,	And a green frog!
I dream	In my dream,
About a prince	They eat bread
And a troll,	With cream.



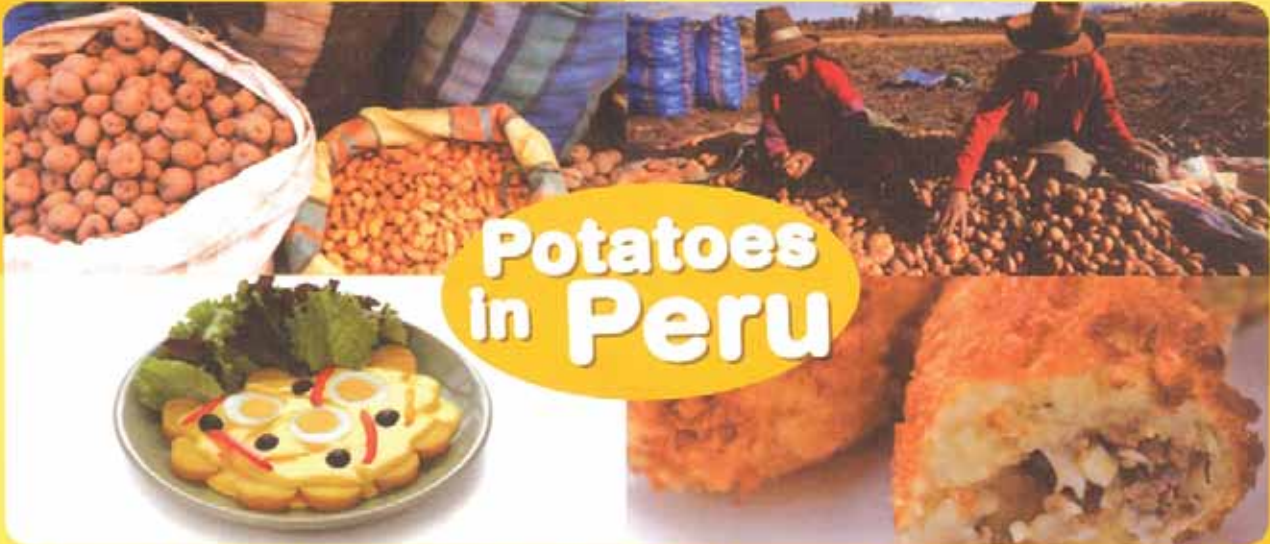
I will learn to talk about food from other countries.



Listen. Look at the poster. Which dish looks good to you? Discuss with a partner.

Peruvians love potatoes. Peru grows more than 2,300 types of potatoes. There are many different shapes, sizes, and colors!

Potatoes grow very well in the cool weather, high in the Andes Mountains.



The most famous dish is *papa a la huancaína* – potatoes in a spicy cheese sauce.

Another is *papa rellena*, or stuffed potato. This dish has meat, onions, and eggs stuffed inside a potato.



I want to try the stuffed potato. It looks delicious!

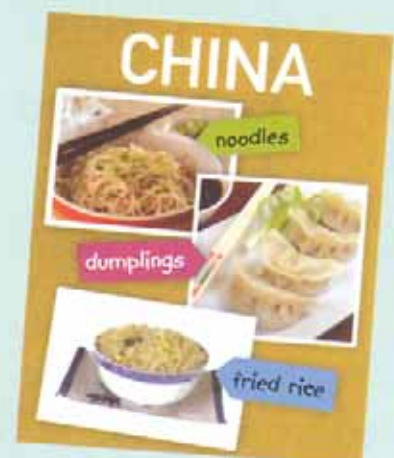


Project

23

Make a poster about the food in a country other than your own.


- 1 Learn about the typical foods in that country.
- 2 Cut out pictures of the foods.
- 3 Label the pictures.
- 4 Share your poster with the class.



24 Make up a sandwich with five items.

My sandwich has bread and...

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



Ask other classmates about their sandwiches.



Are there any mushrooms in your sandwich?

No, there aren't.



Make notes about your classmates' sandwiches. Try to find two people with the same sandwich.

Student 1:	Student 2:	Student 3:
1	1	1
2	2	2
3	3	3

I Can

- use food words.
- use *some* and *any* to ask and answer questions about food.
- ask and answer about food.
- write a paragraph about my favorite meal.



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BIG ENGLISH



2ND EDITION
WORKBOOK

3

7

Fabulous Food!

Vocabulary

1 Find and circle.

bread cheese cucumbers green pepper
lettuce mushroom onions pizza tomatoes



2 Read and ✓.


I like a sandwich with:

- | | | |
|------------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> cucumbers | <input type="checkbox"/> lettuce | <input type="checkbox"/> tomatoes |
| <input type="checkbox"/> onions | <input type="checkbox"/> cheese | |




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3


Listen and circle five incorrect words. Then listen and write the correct words.



I'm Hungry!



Hi, Mom, I'm home from school.
I'm really hungry now.
I'd like to make a burger,
Can you show me how?




**I am home from my school day.
I'd like a sandwich. Is that OK?**

Are there any onions?
Here are some on the shelf.
Is there any mustard?
I see it for myself.

Chorus

There's just one problem, Mom:
There isn't any lettuce!
But I have a great idea:
Let's have cake instead!

Chorus



1 _____

2 _____

3 _____

4 _____

5 _____

4 Find and write the words.

1 *reneg speerpp*

2 **zizap**

3 *rushmooms*

4 **atootm cause**

How did I do?



5 Read and write. Use the words from the box.

A Surprise for Mom



dinner food olives

- 1 Amy and Luke are making _____ for their mom.
- 2 Amy and Luke eat the cheese and _____.
- 3 Amy and Luke find some more _____ in the fridge.

6 Look at 5. Read and circle the correct answer.

- 1 Is there any turkey?
- 2 Are there any tomatoes?
- 3 Is there any cheese?

Yes, there is. / No, there isn't.

Yes, there are. / No, there aren't.

Yes, there is. / No, there isn't.

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7

Listen, read, and write. Then say.

olives pizza cheese onions tomato sauce mushrooms

Rob: Mom, can we have ¹_____ for dinner?

Mom: Good idea. Look in the fridge. Is there any ²_____?

Rob: Yes, there is.

Mom: Is there any ³_____?

Rob: Yes, there is. There are some ⁴_____ and some ⁵_____.

Mom: Great! What about olives? Are there any olives?

Rob: No, there aren't.

Mom: That's OK, Dad doesn't like ⁶_____.
We can have pizza for dinner.

Rob: Great! Let's start now.



8 **Draw your favorite foods and write.**



I like to eat _____
_____.

How did I do?



Is there any pizza?	Yes, there is some pizza.	Are there any onions?	Yes, there are some onions.
Is there any fish?	No, there isn't any fish.	Are there any eggs?	No, there aren't any eggs.

9 Complete the food pictures. Then write the food.



1 _____



2 _____



3 _____



4 _____

egg
lettuce
onion
tomato sauce

10 Look at 9. Read and circle.

- There **are some** / **aren't any** mushrooms.
- There **is some** / **isn't any** tomato sauce.
- There **is some** / **isn't any** milk.
- There **are some** / **aren't any** olives.
- There **is some** / **isn't any** lettuce.
- There **are some** / **aren't any** green peppers.

11 Look and write the answers. Use **some** or **any**.



- 1 Is there any milk? _____
- 2 Is there any lettuce? _____
- 3 Is there any tomato sauce? _____
- 4 Are there any eggs? _____
- 5 Are there any cucumbers? _____

12 Look at **11**. Write the questions.

- 1 _____? Yes, there is some cheese.
- 2 _____? Yes, there is some mustard.
- 3 _____? No, there aren't any mushrooms.
- 4 _____? Yes, there are some green peppers.
- 5 _____? No, there isn't any turkey.



13 Read. Then write **A, B, C, D, or E**.

	Where do we get the vitamins from?
Vitamin A	carrots, mangoes, milk, eggs
Vitamin B	potatoes, bread, chicken, cheese, eggs, green vegetables
Vitamin C	oranges, peppers, tomatoes, potatoes
Vitamin D	eggs, fish, milk, the sun
Vitamin E	nuts, green vegetables



- 1 Vitamin ____ 2 Vitamins ____, ____, and ____ 3 Vitamin ____

14 Listen, read, and write.

good healthy important naturally strong

- 1 Vitamins are very ¹_____ for our bodies to stay ²_____ and healthy. Vitamins are in food and drinks. You need to have vitamins every day. Vitamins A, D, and E live in the fat in our bodies. Vitamins C and B live in the water in our bodies.
- 2 Vitamin A is good for your eyes and skin. It's in orange and yellow fruits. Vitamin D makes our bones strong. Our body makes Vitamin D ³_____ when it's in the sun. Vitamin E in nuts and green vegetables keeps your blood ⁴_____. Vitamin C is ⁵_____ for our bones, our teeth, and brain.



15 Look at 14. Read and circle.

- 1 Vitamin A is good for our **eyes** / **ears**.
- 2 Vitamin B is in **the fat** / **the water** in our bodies.
- 3 Vitamin C is good for bones, teeth, and our **brain** / **muscles**.
- 4 Vitamin D helps make strong **skin** / **bones**.
- 5 Vitamin E keeps our **blood** / **muscles** healthy.

16 Read and circle **T** for true or **F** for false.

- | | | |
|----------------------------------|----------|----------|
| 1 We get Vitamin A from mangoes. | T | F |
| 2 We get Vitamin C from the sun. | T | F |
| 3 We get Vitamin B from cheese. | T | F |
| 4 We get Vitamin D from milk. | T | F |
| 5 We get Vitamin E from oranges. | T | F |

17 Write and draw.

I get Vitamin ____ from _____.



18 Read the text in the Student's Book and circle the correct answer.

My family make empanadas. The filling can be any type of meat, mostly beef or chicken. We ¹ **fry** / **boil** them in hot ² **steam** / **oil**. They are quite big, so you don't need lots.

I make pierogi. My favorite filling is sauerkraut. It's ³ **pickled** / **baked** cabbage and it's ⁴ **spicy** / **salty**. Fillings can be potatoes, cheese, or meat. I ⁵ **fry** / **bake** pierogi in butter and onions. Yummy!

When we go out, I always order xiao long bao. They are meat dumplings in ⁶ **water** / **soup**.

My mom makes brilliant ravioli. She ⁷ **bakes** / **boils** them in water. I like cheese ravioli, but my dad prefers meat and vegetable ravioli, so mom makes both!

19 Look at 18. Write **Yes, there is**, **Yes, there are**, **No, there isn't** or **No, there aren't**.

- 1 Are there any vegetables in an empanada? _____
- 2 Are there any vegetables in sauerkraut? _____
- 3 Is there any cheese in xiao long bao? _____
- 4 Is there any meat in ravioli? _____

20 Invent and draw your own dumpling. Then write.

For the filling, **there are** / **there's** _____.

There **isn't** / **aren't** _____.



21 Read and write. Then number in order. Use the words from the box.

detail sentences final sentence title topic sentence

- _____ → Huevos rancheros are the best breakfast food.
- _____ → Sunday Morning Breakfast with Huevos Rancheros
- _____ →
→ My mom starts with a tortilla. She toasts the tortilla in a pan and then puts the tortilla on a plate. I help her fry some eggs in a pan. I put salsa on the eggs, and they taste amazing!
- _____ → My mom makes huevos rancheros for breakfast on Sunday mornings.

22 Look at 21. Write the paragraph in order.



23 Read and circle **br, cr, dr, fr, gr, pr, and tr.**

bread grass dream train
 cream frog prize

24 Underline the words with **br, cr, dr, fr, gr, pr, and tr.**
 Then read aloud.

- 1 The frog's driving the green and brown train.
- 2 She's crying because she got a prize and she's happy.

25 Connect the letters. Then write.

- | | | | |
|------|-----|---|-------|
| 1 br | eam | a | _____ |
| 2 cr | oll | b | _____ |
| 3 fr | ead | c | _____ |
| 4 tr | ass | d | _____ |
| 5 gr | og | e | _____ |
| 6 pr | ive | f | _____ |
| 7 dr | ize | g | _____ |

26 Listen and write.

Every night, I ¹ _____
 About a ² _____
 And a ³ _____,
 And a ⁴ _____ ⁵ _____!
 In my dream, They eat ⁶ _____
 With ⁷ _____.



27 Look. Then circle the foods.

1



The sandwich has:

bread	cheese	mustard
tomatoes	cucumber	onions
turkey	green peppers	lettuce

2



The pizza has:

mustard	turkey	olives
cheese	lettuce	mushrooms
onions	green peppers	tomatoes

3



The salad has:

tomato sauce	green peppers	cheese
turkey	olives	mustard
lettuce	milk	tomatoes
onions		

28 Look at 27. Write the answers. Use **some** or **any**.

1 Is there any lettuce in the salad? _____

2 Is there any cucumber in the sandwich? _____

3 Are there any mushrooms on the pizza? _____

29 Write about your home.

1 Are there any tomatoes in your refrigerator? _____

2 Is there any milk in your refrigerator? _____

