



# Wake Up!

#### Vocabulary

I will learn to name daily routines and times.















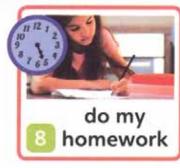




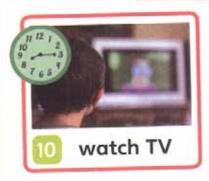












Play the time game.

I will learn to ask and answer about daily routines and times.



#### Listen and sing. What does Kate do?

#### Hurry, Kate!

It's Monday, 7:30. Kate has to wake up. Her mom sees the clock and says Wake up, sleepy head.

Go, go, go! Hurry, Kate! Hurry, Kate! You can't be late!

Kate eats breakfast, she gets dressed. It's 7:45.

> It's time to go to school. And she can't be late!

> > Chorus

Kate has her backpack And she has her lunch. What time is it now? Oh, no, it's time to go!

Chorus





Read, match, and say. Ask and answer.

1 7:00

a seven forty-five

2 7:30

**b** seven fifty-five

3 7:45

c seven o'clock

4 7:55

d seven thirty

**5** 5:25

e five twenty-five

6 4:10

f four fifteen

7 4:15

q four ten

When does she wake up?

> She wakes up at seven o'clock.





Which activities do you do inside? Which do you do outside?

I will read a story about daily routines and times.

# Listen and read. What does Luke do after school?

#### I Love Mondays!



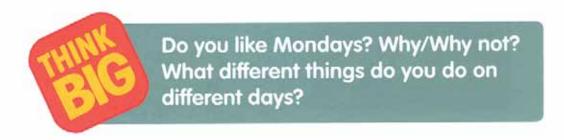








- Read and say before school or after school.
  - 1 Luke eats breakfast.
  - 2 Luke gets dressed.
  - 3 Luke plays soccer.
  - 4 Luke puts on his shoes.
  - 5 Luke wakes up.
  - 6 Luke plays basketball.



#### **Language in Action**

I will listen to a dialog about daily routines and times.

# Listen and read. Then say.

Jenna: Hi, Ethan. Do you want to get

together after school today?

Ethan: Sorry. I can't. I'm busy on

Tuesdays.

Jenna: Really? What do you do?

Ethan: At 3:30, I have piano lessons. At 4:15, I go to soccer

practice. Then I go home.

Jenna: Oh. What do you do after that?

Ethan: I do my homework, clean my room, and feed the

dog. Then at 7:00, we eat dinner.

Jenna: Wow! You are busy.

#### B Look at 5. Ask and answer with a partner.



What does Luke do before school?

He wakes up, eats breakfast, ...



# Listen and stick. Number the pictures.









#### Grammar

I will learn to use before and after to ask and answer about daily routines.

What does he/she do before/after school? He/She eats breakfast before/after school. I do my homework before/after school. What do you do before/after school?

#### Look at Claudia's schedule. Write before or after.

Claudia's Schedule				
6:30	wake up	3:15	get home	
6:45	get dressed	3:30	watch TV	
	eat breakfast	4:45	do my homework	
7:15	brush my teeth	5:30	play soccer	
	go to school		eat dinner	

- 1 Claudia gets dressed \_\_\_\_\_ school.
- 2 Claudia does her homework \_\_\_\_\_ school.
- 3 Claudia brushes her teeth \_\_\_\_\_ school.
- 4 Claudia plays soccer \_\_\_\_\_ school.
- 5 Claudia eats breakfast \_\_\_\_\_ school.

#### Read and match. Make sentences.

- 1 We eat breakfast before
- 2 I wake up at
- 3 Paula washes her
- 4 Tim does his homework
- 5 Sandra plays video games e 6:45 in the morning.

- a at 5:00 in the afternoon.
- **b** we get dressed.
- c after school, at 4:15.
- d face at 7:50 in the morning.

#### Look at 10. Talk about Claudia's schedule with a partner.



Claudia wakes up at 6:30 in the morning.

She gets dressed at 6:45.



I will learn about keeping clean.



#### Listen and read. What are bacteria?

# Keep # Clean!

#### CONTENT WORDS

bacteria cough decay germs healthy sick sneeze



When your parents tell you to take a shower, they are giving you good advice. Wash your face, behind your ears, and under your arms. Be sure to wash your whole body well. Use warm water and soap to wash away bacteria. Bacteria are tiny living things that can make you sick.



#### **Brush Your Teeth**

To keep your teeth strong and healthy, be sure to brush them twice a day. Brush in the morning when you wake up. And brush at night before you go to sleep. Brushing your teeth cleans away bacteria that can cause tooth decay. It's important to brush your teeth for at least two minutes at a time.

#### **Wash Your Hands**

Every day, our hands pick up millions of germs that can make us sick. Be sure to wash your hands with soap and water for at least twenty seconds. Wash your hands before you eat, after you visit the bathroom, after you cough or sneeze, and any other time your hands get dirty.

Washing your hands. showering, and brushing your teeth are three easy things you can do every day to keep yourself clean and healthy.

#### Look at 13. Read and circle T for true or F for false.

1	Bacteria can make you sick.	T	F
2	Wash your hands only once a day.	Т	F
3	Wash your hands after you take a shower.	Т	F
4	Brush your teeth for at least two minutes at a time.	Т	F
5	Brush your teeth five times a day	т	F



What other things can you do to stay healthy? Where can we learn about staying healthy?

I will learn about time zones.



#### Read and complete. Then listen and check.



# **Time Zones**

- Do You Know What Time It Is?
- Is it the same time everywhere in the world? No, it's not.
- That's because the world is divided into time zones. Look at the map of the United States. It has four different time zones.



**New York** 





#### 1:00 in the afternoon

It's 1:00 in New York, and Manuel and his friends are finishing their lunch.

In Texas, it's 12:00, and Maria is just finishing math class.

John, in Montana, is hungry and is thinking about lunch. He looks at the clock. It's only 11:00 in the morning!

And for Kara, in California, it's only 10:00 in the morning.

#### two hours later

Now it's \_\_\_\_\_:00 in New York, and school is over. Manuel is playing soccer.

In Texas, it's \_\_\_\_:00, and Maria is still in school

It's \_\_\_\_:00 in Montana. and John is finishing his lunch.

Kara, in California, looks at the clock, and it's \_\_\_\_:00. Hooray! It's lunchtime!

#### five more hours later

It is \_\_\_\_\_:00 at night now in New York, and Manuel is finishing his homework.

In Texas, it's \_\_\_\_\_:00, and Maria is eating dinner.

In Montana, it's now \_\_\_\_:00, and John is making dinner with his

In California, Kara is playing with her sister. It's \_\_\_\_:00.

#### Work with a partner. Ask and answer.

- 1 When it's 6:00 in the evening in Montana, what time is it in California?
- 2 Manuel wakes up at 7:00 in the morning. What is Kara doing when Manuel wakes up?
- 3 How many time zones does your country have?



It's ten o'clock in the morning where you are. Find out what time it is in Buenos Aires, Cairo, and Sydney.

# Writing | Sentence: Subjects and Verbs

I will learn to write sentences with subjects and verbs.

A sentence has a subject and a verb.

**She eats** breakfast before school. She is the subject. Eats is the verb.

I ride my bike to school.

I is the subject. Ride is the verb.

- Find the subjects and verbs.
  Compare with your partner.
  - 1 I watch TV at 5:15.
  - 2 Marcia brushes her teeth at 7:45.
  - 3 We play soccer in the afternoon.
  - 4 They do their homework at 4:30.
  - 5 You eat dinner with your family in the evening.
- What's missing, subject or verb? Complete the sentences and compare with a partner.

		brother	cleans	She	Tom	wakes	J	
1	Bridget			up at	6:45 i	n the mo	rning.	
2	1-		_ eats br	eakfa:	st at 7:	00.		
3	Her		get	ts dres	sed at	7:15 in th	ne mornin	ıg.
4	Bridget			her re	oom be	efore sch	ool.	2773
5			_ plays v	ideo g	ames (	after sch	ool.	

Write three sentences about your day. Read them to a partner.



## **Phonics** $| a_e, i_e, o_e |$

I will learn to use the sounds a\_e, i\_e, and o\_e.



Listen, read, and repeat.

1 a\_e

2 i e

3 O e

Listen and find. Then say.







bike



bone



**1** q-a-me game

3 t-i-me time

**5** h-o-me home

7 r-i-de ride

**2** c-a-ke cake

4 n-o-te note

6 sh-a-pe shape

8 l-i-ke like



#### Read aloud. Then listen and chant.

What time is it? It's time to play a game. What time is it? It's time to eat cake. What time is it? It's time to ride a bike. What time is it? It's time to go home.



## **Values** Do your chores.

I will learn to talk about chores.



#### Look, listen, and point.



I feed the dog before school.



I clean my room after school.



I wash the dishes after dinner.

#### Look at 24. What might happen if they don't do their chores?



#### Project

What chores do you do at home? Copy the chart in your notebook and . Then ask three classmates about their chares

	5606	DRE		1: 1
Chore	Me	1	2	3
feed pet				
clean my room				
wash the dishes				
-				
			I.	1

## Read and circle.

Mia likes Fridays! She 'wakes / wake up on Fridays at seven fifteen. She washes her 'face / TV, gets dressed, eats breakfast, and brushes her teeth 'before / after school. Mia likes school on Fridays. 'Before / After lunch, at 10:30 she has art class. She likes to draw! At 4:45 she 'play / plays video games with her friends – they always play 'before / after school. At 7:00 she 'eat / eats pizza with her family. She loves pizza!

## Play the Silly Sentences game.

6:15 in the evening

eat breakfast

Jack eats breakfast at six fifteen in the evening.



#### I Can

- use words for daily activities.
- use before and after to talk about when things happen.
- talk about what I do every day.
- write sentences with subjects and verbs.



# Wake Up!

#### Vocabulary

What's missing in the pictures? Match and write.

does her homework

eats breakfast

plays soccer brushes his teeth











in the morning.



in the afternoon.



She \_\_\_\_\_ after school.



after dinner.

- Read and circle.
- 1 wake up / off
- 3 get / go dressed

- 2 do / make my homework
- 4 watch / see TV

# Listen and write. Then match.

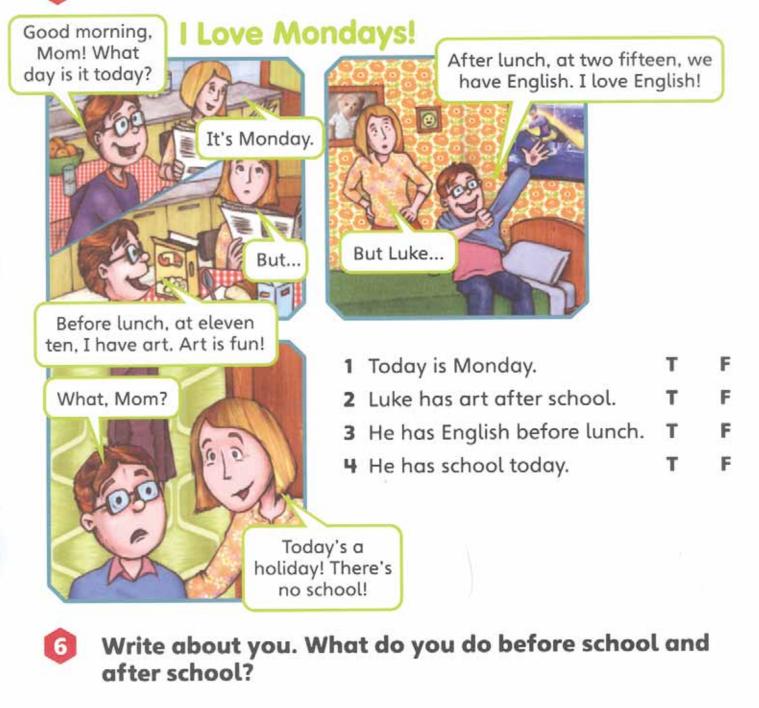
R	Hurry, Kate!	
	It's Monday, 1  Kate has to wake up.  Her mom sees the clock and says  Wake up, sleepy head.	11 12 1 10 0 0 2 9 4
	Go, go, go! Hurry, Kate! Hurry, Kate! You can't be late!	7 6 5
77 b	Kate eats breakfast, she gets dressed.  It's 2  It's time to go to school.  And she can't be late!	R
10 - 1	Chorus	2
9 6 6 3	Kate has her backpack And she has her lunch. What time is it now? Oh, no, it's time to go!	2
	Chorus	

#### Read and circle.

1 seven o'clock	a 7:00	<b>b</b> 6:00
2 five twenty-five	a 2:25	<b>b</b> 5:25
3 four forty-five	<b>a</b> 4:05	<b>b</b> 4:45
4 two thirty	<b>a</b> 2:30	<b>b</b> 2:13



## Read. Circle T for true or F for false.



1 Before school,

2 After school.

#### Language in Action

# Listen and ✓.

At 4:00, Don

goes to soccer practice.

At 5:00. Don

plays video games.

At 6:00, Don

has a piano lesson.

At 7:30, Don

watches TV.

does his homework.

plays basketball.

eats dinner.

feeds the cat.



#### Write about you.





1 What time do you wake up?
2 What time do you go to school?



3 What time do you eat dinner? 4 What time do you go to bed?



#### Grammar

What does he/she do <b>before</b> school?	He/She eats breakfast <b>before</b> school.
What do you do <b>after</b> school?	I play soccer <b>after</b> school.



#### Read. Then write before or after.









wakes up eats breakfast washes her face gets dressed







goes to school does her homework

watches TV

- 1 Susan eats breakfast \_\_\_\_\_ she wakes up.
- 2 She washes her face \_\_\_\_\_\_ she gets dressed.
- 3 She eats breakfast \_\_\_\_\_ she washes her face
- 4 She gets dressed \_\_\_\_\_\_ she goes to school.
- 5 She does her homework \_\_\_\_\_ she goes to school.
- 6 She does her homework \_\_\_\_\_\_ she watches TV.



- 1 What do you do after you wake up?
- 2 What do you do before you watch TV?



Look and write.

after at before at 4:00 after dinner before school



1 He plays video games at 6:00, 2 She wakes up \_\_\_\_\_



7:00 in the morning.



3 She brushes her teeth \_\_\_\_\_ bed.

4 On school days, I get dressed at 6:45, \_\_\_\_\_\_.



5 She washes her face

\_\_\_\_\_ soccer.

6 They ride bikes

Look at 9. Then write about your day.

1 \_\_\_\_\_

#### Content Connection | Life Science

-		22	2
13	Complete	the	chart.

bath	face	hair	hands	shower	teeth

have/take a	wash your	brush your	brush/comb your
			-

# Listen and write. Then match pictures a-c with paragraphs 1–3.

Bacteria decay Dirty shower sneeze wash

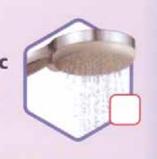
It's important that we are clean every day. We can take a bath or a '\_\_\_\_\_\_. We always have to use warm water to '\_\_\_\_\_ away dirt, sweat, dead skin, and bacteria. Bacteria are very, very small and live on our skin. We can't see them, but they can make us sick.



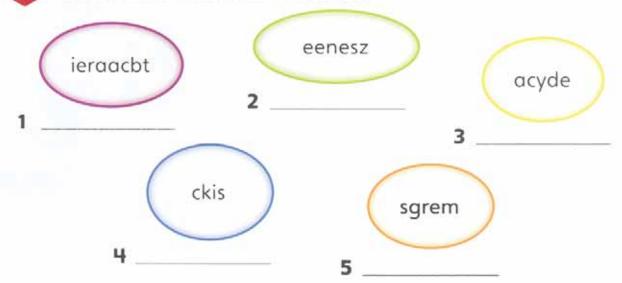
We have to brush our teeth every day for about two minutes. Brush them in the morning and before you go to bed. 3\_\_\_\_\_ can cause tooth 4\_\_\_\_ and gum disease, so brushing our teeth keeps them strong and healthy.



We have to keep our hands clean, too. 5\_\_\_\_\_\_hands have germs that make us sick. We need to wash our hands with soap before we eat, after we go to the bathroom, or when we cough or 6\_\_\_\_\_\_.



15 Find and write the words.



- Read and match.
- 1 We brush our water and soap to wash away bacteria.
- hands 2 We use
- 3 We wash our teeth

- after we cough or sneeze.
- to stop tooth decay.
- Put the words in order.
- hands Wash your before you eat.
- 2 after you eat. your teeth Brush
- after you play soccer. Take shower a

#### Culture Connection | Around the World

# 18 Look at the times. Complete.









Montana

California

- 1 It's eleven fifteen in Montana. What time is it in California?
- 2 It's ten fifteen. Where am I?

#### (1) Listen and circle.

- Time isn't the same around the world. We live on a 1 globe / circle with different time 2 days / zones. There are often different 3 time / night zones in the same country, too, such as in Russia or in the U.S.A. The U.S.A. has four 4 different / big time zones.
- For example, when it's 10:30 a.m. for Kara in California, she's in class. But John in Montana is getting hungry because it's 11:30 a.m. He wants his <sup>5</sup> breakfast / lunch soon! It's already <sup>6</sup> lunch / dinner time for Maria in Texas, where it's 12:30 p.m.

#### Read and write.

It's one o'clock in London. What time is it in...

- 1 Los Angeles? (-8 hours)
- 2 Mexico City? (-6 hours)
- 3 Moscow? (+3 hours) \_\_\_\_\_
- 4 Istanbul? (+2 hours) \_

#### Writing | Sentence: Subjects and Verbs

# Underline the subject.

- 1 Jeff wakes up at 6:45 in the morning.
- 2 We go to school at 7:30 in the morning.
- 3 I feed my cat before school.
- 4 Carol plays soccer in the evening.
- Underline the verb.
- 1 I make my bed before school.
- 2 He rides his bike to school.
- 3 They play video games after school.
- 4 My sister reads books every day.



## Circle the subjects and underline the verbs.

Julie wakes up at 6:45. Then she eats breakfast. She washes her face. She brushes her teeth. She gets dressed. She goes to school at 8:30.



## Write about three people. What do they do?

My brother My father My friend My mother My sister

	at 7:00.
2	at 12:30.
3	at 8:15

## **Phonics** $a_e, i_e, o_e$

Read and circle a\_e, i\_e, and o\_e.

bone face sheep time bike note soup cake

- Underline the words with a\_e, i\_e, and o\_e. Then read aloud.
- 1 The girl is eating a cake and the dog is eating a bone.
- 2 I love my bike and my board game.
- Connect the letters. Then write.

1	f	one	α	
2	l	ace	b	
3	b	ike	c	

# Listen and write.

What time is it? It's time to play a 1. What time is it? It's time to eat 2 What time is it? It's time to ride a 3 What time is it? It's time to go 4



Read and write.

brushes his teeth	gets dressed	wakes up	washes his face
1 On Sundays, he		late in th	ne morning.
He stays in bed and around 1:00 in the d		hen he	
In the evening, he		and _	
before he goes to b	ed.		
Match. Then Use before or		ces for yo	u.
I brush	а	TV	
2 eat	b	dressed	
3 watch	c	my homev	vork
∮ get ``.	d	my face	
wash	e	my teeth	
5 do	f	breakfast	
I brush my teeth a	fter I eat brea	kfast.	
2			
3			
+			
5			
782			